

## APPENDIX

### Appendix A. TARGET Trial Comparisons for Primary Outcomes Stratified by Subpopulations for Smoking, Obesity, and Health Insurance Among High-Risk Patients

	Current smoker		Not current smoker	
	UC+PIPT (n=125) % (95% CI)	UC (n=102) % (95% CI)	UC+PIPT (n=439) % (95% CI)	UC (n=431) % (95% CI)
<b>Patient reported @ 6 months</b>				
Presence of Chronic Low Back Pain	56 (47, 65)	66 (56, 74)	46 (40, 51)	47 (41, 52)
	<b>Mean (95% CI)</b>	<b>Mean (95% CI)</b>	<b>Mean (95% CI)</b>	<b>Mean (95% CI)</b>
Oswestry Disability Index	33.3 (29.8, 36.7)	37.9 (34.1, 41.6)	26.2 (24.2, 28.1)	27.4 (25.3, 29.4)

	Obese		Not obese	
	UC+PIPT (n=331) % (95% CI)	UC (n=307) % (95% CI)	UC+PIPT (n=311) % (95% CI)	UC (n=299) % (95% CI)
<b>Patient reported @ 6 months</b>				
Presence of Chronic Low Back Pain	53 (46, 59)	55 (49, 62)	42 (36, 48)	46 (40, 51)
	<b>Mean (95% CI)</b>	<b>Mean (95% CI)</b>	<b>Mean (95% CI)</b>	<b>Mean (95% CI)</b>
Oswestry Disability Index	29.0 (26.7, 31.2)	32.0 (29.6, 34.3)	25.7 (23.2, 28.2)	26.6 (24.0, 29.1)

	Medicaid and self-pay		Private, Medicare, Other	
	UC+PIPT (n=156) % (95% CI)	UC (n=137) % (95% CI)	UC+PIPT (n=428) % (95% CI)	UC (n=405) % (95% CI)
<b>Patient reported @ 6 months</b>				
Presence of Chronic Low Back Pain	62 (55, 69)	63 (55, 70)	43 (37, 48)	48 (43, 53)
	<b>Mean (95% CI)</b>	<b>Mean (95% CI)</b>	<b>Mean (95% CI)</b>	<b>Mean (95% CI)</b>
Oswestry Disability Index	37.3 (33.4, 41.2)	39.8 (35.7, 44.0)	24.3 (22.3, 26.3)	26.9 (24.9, 28.8)