

# Tobacco: preventing uptake, promoting quitting and treating dependence: update

Summary of deleted and amended recommendations

*NICE guideline NG209*

*Update information*

*November 2021*

*Final*

*Developed by PH-IGD*



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## Update information, November 2021

This information accompanies the [NICE guideline on tobacco](#) (NG209, published November 2021).

### Using this information

The tobacco guideline brings together the following NICE guidelines and has replaced them:

- smoking: workplace interventions (PH5, published April 2007)
- smoking: preventing uptake in children and young people (PH14, published July 2008)
- smoking prevention in schools (PH23, published 2010)
- smoking: stopping in pregnancy and after childbirth (PH26, published February 2010)
- smokeless tobacco: South Asian communities (PH39, published September 2012)
- smoking: harm reduction (PH45, published June 2013)
- smoking: acute, maternity and mental health services (PH48, published November 2013)
- stop-smoking interventions and services (NG92, published March 2018).

The year given at the end of the recommendations in the updated guideline (for example **[2008]**) shows when the source guideline containing that recommendation was published and is when the evidence for that recommendation was last reviewed.

Table 1 shows whether recommendations from each source guideline were deleted or carried forward into the updated guideline, and the year that the evidence was last reviewed as part of that guideline.

Any changes made to these recommendations to reduce duplication as part of amalgamating the guidelines are also explained in this table.

The [evidence and committee discussion supporting the source guidelines](#) is also available.

## PH5 Smoking: workplace interventions

Year of evidence review	Source guideline recommendation number	Recommendation number in updated guideline or reason for deletion/amendment
2007	Recommendation 1	1.9.4 to 1.9.7
2007	Recommendation 2	Deleted because we now make recommendations for people with responsibility for improving health, not for those people whose health could be improved.
2007	Recommendation 3	1.9.8
2007	Recommendation 4, bullet 1	Replaced by new recommendations on stop-smoking interventions in section 1.12.
2007	Recommendation 4 bullet 2	This bullet has been deleted because we now make recommendations on training only to cover specific knowledge and skills for a particular aspect of care. Also, training requirements are covered by the National Centre for Smoking Cessation and Training, as referred to in section 1.12.
2007	Recommendation 4, bullet 3	Deleted because tailoring support and treatment is a general principle recommended in <a href="#">NICE's guideline on patient experience in adult NHS services</a> .
2007	Recommendation 5	1.22.5 and 1.22.6
2007	Recommendation 6	Deleted because smokefree legislation has already been implemented so this is no longer considered relevant.

## PH14 Smoking: preventing uptake in children and young people

Year of evidence review	Source guideline recommendation number	Recommendation number in updated guideline or reason for deletion/amendment
2008	Recommendation 1	1.1.1, 1.1.3 and 1.2.4.
2008	Recommendation 2	1.1.4 The sub-bullet points of bullet 1 were deleted from the original recommendation because the committee agreed that most were no longer considered to be usual effective practice, and that fear-based messaging should not always be recommended.
2008	Recommendation 3, bullet 1	1.2.2

2008	Recommendation 3, bullet 2	1.2.4
2008	Recommendation 3, bullet 3	1.1.5
2008	Recommendation 3, bullet 4	1.1.2 and 1.1.5
2008	Recommendation 3, bullets 5 to 7	1.1.6 to 1.1.8
2008	Recommendation 4	Deleted because NICE no longer makes recommendations for national government.
2008	Recommendation 5, bullets 1 to 3	Recs 1.3.1 to 1.3.4
2008	Recommendation 5, bullet 4	Bullet 4 has been removed because the Local Better Regulation Office no longer exists.
2008	Recommendation 5, bullets 5 to 7	1.2.1 to 1.2.4 and 1.3.5 In recommendation 1.2.1 'enforcement' changed to 'policy' because the committee agreed that campaigns to support policy were more appropriate than to support enforcement.

## PH23 Smoking prevention in schools

Year of evidence review	Source guideline recommendation number	Recommendation number in updated guideline or reason for deletion/amendment
2010	Recommendation 1	1.5.1 to 1.5.4 and 1.9.3
2010	Recommendation 2, bullet 1	1.6.1
2010	Recommendation 2, bullet 2	1.4.1, 1.6.2, 1.6.6, 1.6.7
2010	Recommendation 2, bullet 3	1.6.5
2010	Recommendation 2, bullet 4	1.6.8
2010	Recommendation 2, bullet 5	1.23.1
2010	Recommendation 3	1.7.1 Mention of the specific intervention ASSIST has been deleted from this recommendation. Current evidence on the effectiveness of the intervention has not been evaluated. A bullet point on training has also been removed in line with current NICE practice that recommendations on

		training should only be made to cover specific knowledge and skills for a particular aspect of care.
2010	Recommendation 4, bullet 1	This bullet has been deleted because we now make recommendations on training only to cover specific knowledge and skills for a particular aspect of care.
2010	Recommendation 4, bullet 2	1.23.1
2010	Recommendation 5	1.4.1

## PH26 Smoking: stopping in pregnancy and after childbirth

Year of evidence review	Source guideline recommendation number	Recommendation number in updated guideline or reason for deletion/amendment
2010	Recommendation 1, bullets 1 and 4	Replaced by new recommendations on opt-out referral pathways to stop-smoking support in section 1.18 and also covered by recommendations in section 1.19 on following up women who have been referred.
2010	Recommendation 1, bullets 2 and 3	1.11.11 and 1.19.3
2010	Recommendation 1, bullet 5	1.18.4 and 1.18.5. The first sentence of bullet 5 has been replaced by the 2021 recommendation 1.18.2.
2010	Recommendation 1, bullet 6	Replaced by new recommendations on opt-out referral pathways to stop-smoking support in section 1.18
2010	Recommendation 1, bullet 7	1.11.9 and 1.11.10
2010	Recommendation 1, bullets 8 to 11	Replaced by new recommendations on opt-out referral pathways to stop-smoking support in section 1.18
2010	Recommendation 1, bullet 12	1.18.6
2010	Recommendation 2	Replaced by new recommendations on opt-out referral pathways to stop-smoking support in section 1.18
2010	Recommendation 3	1.19.1, 1.19.2, 1.19.4, 1.19.5 and 1.19.7
2010	Recommendation 4, bullet 1	1.11.8
2010	Recommendation 4, bullet 2	1.19.3
2010	Recommendation 4, bullet 3	1.19.6



2010	Recommendation 4, bullet 4	1.11.10
2010	Recommendation 4, bullet 5 and 6	1.20.1 to 1.20.3
2010	Recommendation 4, bullet 7	1.18.5
2010	Recommendation 4, bullet 8	1.20.4
2010	Recommendation 4, bullet 9	Deleted. The committee decided this was not needed because it is common practice.
2010	Recommendation 4, bullet 10	1.20.5
2010	Recommendation 5, bullets 1 to 2	Deleted and replaced by new recommendations in section 1.20.
2010	Recommendation 5, bullet 3	1.20.9
2010	Recommendation 5, bullet 4	1.20.11
2010	Recommendation 6, bullets 1 and 3	Deleted because these are general principles recommended in <a href="#">NICE's guideline on patient experience in adult NHS services</a> .
2010	Recommendation 6, bullet 2	1.20.15
2010	Recommendation 6, bullets 4 and 5	1.20.16 and 1.20.17
2010	Recommendation 7	1.11.11 and 1.20.18
2010	Recommendation 8, bullet 1	1.23.12
2010	Recommendation 8, bullet 2	1.23.9 Mention of NRT was added as an example to the bullet about treatments that can help people quit, because the guideline now recommends NRT for pregnant women trying to quit.
2010	Recommendation 8, bullet 3	1.23.13
2010	Recommendation 8, bullet 4	This bullet has been deleted because we now make recommendations on training only to cover specific knowledge and skills for a particular aspect of care, not on the content of general training.
2010	Recommendation 8, bullets 5 and 6	1.23.10 and 1.23.11
2010	Recommendation 8, bullet 7	This bullet has been deleted because we now make recommendations on training only to cover specific knowledge and

		skills for a particular aspect of care, not on the content of general training.
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### PH39: Smokeless tobacco: South Asian communities

Year of evidence review	Source guideline recommendation number	Recommendation number in updated guideline or reason for deletion/amendment
2012	Recommendation 1	1.16.10 to 1.16.15
2012	Recommendation 2, bullets 1 and 2	1.16.16 and 1.16.17
2012	Recommendation 2, bullets 3 to 6	1.10.1 to 1.10.4
2012	Recommendation 3	1.16.18 to 1.16.24
2012	Recommendation 4	1.16.1 to 1.16.4
2012	Recommendation 5, bullets 1 to 4	1.16.5 to 1.16.8 Wording of these recommendations has been amended to be directed at people providing the support and advice, rather than people providing the services. The new wording is clearer and avoids repeating later sections directed at commissioners and providers of smokeless tobacco services.
2012	Recommendation 5, bullets 5 and 6	Deleted because these recommendations for specialist (smokeless) tobacco cessation services are now covered by recommendations aimed at all tobacco cessation services.
2012	Recommendation 5, bullet 7	1.16.9
2012	Recommendation 6	1.23.14 and 1.23.15

### PH45 Smoking: harm reduction

Year of evidence review	Source guideline recommendation number	Recommendation number in updated guideline or reason for deletion/amendment
2013	Recommendation 1, bullet 1	1.8.1 and 1.8.2
2013	Recommendation 1, bullet 2	Deleted because providing information in a variety of formats is a general principle recommended in <a href="#">NICE's guideline on patient experience in adult NHS services</a>
2013	Recommendation 1, bullet 3	1.8.1, 1.8.3, 1.8.4 and 1.12.10

		The final sub bullet point of bullet 3 recommendation 1 was deleted because it has been superseded by section 1.12. 'Smoking-related' added to bullet 2 for clarification of the types of health problems.
2013	Recommendation 1, bullet 4	1.8.5
2013	Recommendation 2, bullet 1	1.15.13
2013	Recommendation 2, bullets 2 and 3	1.15.14 The sub-bullets of bullet 2 recommendation 2 have been removed as they are included within other recommendations in section 1.15.
2013	Recommendation 3, bullet 1	1.11.2, 1.15.1
2013	Recommendation 3, bullet 2	1.15.2
2013	Recommendation 3, bullet 3	1.15.3
2013	Recommendation 3, bullets 4 to 6	1.15.4 to 1.15.6
2013	Recommendation 3, bullet 7	1.15.7
2013	Recommendation 4, bullet 1	1.11.5
2013	Recommendation 4, bullet 2	1.15.8
2013	Recommendation 4, bullet 3	1.15.9
2013	Recommendation 4, bullet 4	1.15.10
2013	Recommendation 4, bullet 5	1.15.11
2013	Recommendation 4, bullet 6	1.15.12
2013	Recommendation 4, bullet 7	Deleted and replaced by recommendations in section 1.17.
2013	Recommendation 5, bullet 1	1.15.4
2013	Recommendation 5, bullet 2	1.12.11
2013	Recommendation 5 bullets 3 and 6	Deleted and replaced by new recommendations on NRT for stopping smoking in section 1.12.
2013	Recommendation 5, bullet 4	1.12.12

2013	Recommendation 5, bullet 5	1.15.5. This recommendation was revised regarding duration of use due to uncertainty around the impact of long-term use.
2013	Recommendation 6, bullet 1	Deleted and replaced by recommendations in section 1.12.
2013	Recommendation 6, bullet 2	1.17.5
2013	Recommendation 7, bullet 1	1.17.3
2013	Recommendation 7, bullet 2	Deleted because this is (and should be) common practice.
2013	Recommendation 7, bullet 3	1.17.4
2013	Recommendation 7, bullet 4	Deleted and replaced by new recommendations on reviewing the approach (1.17.7)
2013	Recommendation 8, bullet 1	Deleted because it repeated other recommendations
2013	Recommendation 8, bullet 2	1.14.22
2013	Recommendation 8, bullet 3	Deleted and replaced by recommendations on reviewing the approach (section 1.17)
2013	Recommendation 9, bullet 1	1.21.6
2013	Recommendation 9, bullet 2	Deleted because we now make recommendations on training only to cover specific knowledge and skills for a particular aspect of care, not on the content of general training.
2013	Recommendation 9, bullet 3	1.23.5
2013	Recommendation 9, bullet 4	1.23.6
2013	Recommendation 9, bullet 5	1.23.7
2013	Recommendation 10, bullet 1	1.23.8
2013	Recommendation 10, bullets 2 to 4	1.14.27 to 1.14.29
2013	Recommendation 11, bullet 1 and 2	1.22.7 and 1.22.8
2013	Recommendation 11, bullet 3	Deleted as this is now covered in recommendation 1.22.1.
2013	Recommendation 11, bullet 4	1.22.26
2013	Recommendation 11, bullet 5	1.22.9

		This recommendation has been amended to cover only harm reduction, not relapse prevention after stopping. The evidence for relapse prevention after stopping was reviewed and resulted in a new recommendation (1.22.2).
2013	Recommendation 11, bullet 6, and recommendation 12	Deleted because we now make recommendations on training only to cover specific knowledge and skills for a particular aspect of care, not on the content of general training.
2013	Recommendation 13, bullet 1	1.8.6
2013	Recommendation 13, bullet 2	Deleted because it is no longer legal to display tobacco containing products for sale.
2013	Recommendation 14	1.15.15 to 1.15.18

## PH48 Smoking: acute, maternity and mental health services

Year of evidence review	Source guideline recommendation number	Recommendation number in updated guideline or reason for deletion/amendment
2013	Recommendation 1, bullet 1	1.14.1 Wording about the format of information removed because this is covered in NICE's guideline on patient experience in adult NHS services. Wording about minor side effects from quitting added so that these are not unexpected and are not considered to be 'ill effects' in themselves.
2013	Recommendation 1, bullet 2	1.14.2
2013	Recommendation 1, bullet 3	1.14.4
2013	Recommendation 2, bullet 1	1.11.1, 1.11.6, 1.11.7
2013	Recommendation 2, bullets 2 and 3	1.14.1, 1.14.15, 1.11.2
2013	Recommendation 2, bullets 4 and 5	1.14.5 and 1.14.6
2013	Recommendation 2, bullets 6 and 7	1.18.1 and 1.18.4
2013	Recommendation 2, bullets 8 and 9	1.11.5 and 1.11.6

2013	Recommendation 3, bullets 1 to 4	1.14.7 to 1.14.10, 'pharmacotherapies' replaced by 'options' to include e-cigarettes, which are now included in the section on stop-smoking interventions.
2013	Recommendation 3, bullet 5	1.14.20 and 1.14.21
2013	Recommendation 3, bullets 6 to 9	1.14.11 to 1.14.14
2013	Recommendation 4	This recommendation was deleted because it signposted to other recommendations without providing additional content.
2013	Recommendation 5, bullet 1	1.11.10 and 1.11.11
2013	Recommendation 5, bullet 2	Deleted because it signposted to other recs without providing additional content.
2013	Recommendation 5, bullet 3	1.14.1
2013	Recommendation 5, bullet 4	1.14.4
2013	Recommendation 6, bullet 1	1.12.2
2013	Recommendation 6, bullet 2	1.12.10
2013	Recommendation 6, bullet 3	1.12.8 but partially replaced in section 1.12, which are also for people using acute or mental health services.
2013	Recommendation 6, bullet 4	Replaced by new recommendations in section 1.20.
2013	Recommendation 6, bullets 5 and 6	1.14.15 and 1.14.16
2013	Recommendation 6, bullet 7	1.14.17
2013	Recommendation 6, bullet 8	1.14.18 First sentence has been deleted because nicotine-containing e-cigarettes are included in the list of options that should be accessible to adults who smoke, in the recommendations in section 1.12. Unlicensed nicotine-containing products changed to nicotine-containing e-cigarettes.
2013	Recommendation 6, bullet 9	Deleted because it signposted to other recs without providing additional content.
2013	Recommendation 7	1.14.23 and 1.14.24 'For efficacy and adverse effects' has been added to recommendation 1.14.23 for clarification.

2013	Recommendation 8, bullets 1 and 2	1.14.25, 1.14.26
2013	Recommendation 8, bullet 3	Deleted because it is duplicated by recommendation 1.22.14.
2013	Recommendation 9	1.22.20 and 1.22.21
2013	Recommendation 10	1.22.19
2013	Recommendation 11	1.21.1 to 1.21.4
2013	Recommendation 12	1.21.5
2013	Recommendation 13	1.14.27 to 1.14.30
2013	Recommendation 14	Bullet 2 is covered by recommendation 1.23.2. The other bullets have been deleted because we now make recommendations on training only to cover specific knowledge and skills for a particular aspect of care, not on the content of general training.
2013	Recommendation 15	1.21.8 to 1.21.10
2013	Recommendation 16, bullets 1 and 2	1.22.10 and 1.22.11
2013	Recommendation 16, bullet 3	Deleted and replaced by 1.22.1
2013	Recommendation 16, bullet 4	Deleted because it repeats recommendations in section 1.12 and elsewhere in the guideline.
2013	Recommendation 16, bullets 5	1.22.12
2013	Recommendation 16, bullets 6 to 9	1.22.15 to 1.22.18
2013	Recommendation 16, bullet 10	1.22.13
2013	Recommendation 16, bullet 11	Deleted and replaced by 1.22.14

## NG92 Stop-smoking interventions and services

Year of evidence review	Source guideline recommendation number	Recommendation number in updated guideline or reason for deletion/amendment
2018	Rec 1.1.1	Deleted and replaced by 1.22.1
2018	Rec 1.1.2	1.22.3
2018	Rec 1.1.3	1.22.4 Bullet naming people in custodial settings deleted, because these settings are all now smokefree.
2018	Recs 1.2.1 to 1.2.4	1.22.22 to 1.22.25
2018	Rec 1.3.1	Deleted and replaced by 1.12.1

2018	Rec 1.3.2	This has been deleted because it is superseded by <a href="#">NICE's guideline on behaviour change: digital and mobile health interventions</a>
2018	Rec 1.3.3	Deleted and replaced by recommendations in section 1.12.
2018	Recs 1.3.4 to 1.3.6	1.12.7
2018	Rec 1.3.7	1.12.9
2018	Recs 1.3.8 and 1.3.9	Deleted because we now make recommendations on training only to cover specific knowledge and skills for a particular aspect of care, not on the content of general training.
2018	Rec 1.4.1	1.11.1 and 1.11.2
2018	Rec 1.4.2	1.14.3
2018	Rec 1.4.3	1.11.3
2018	Rec 1.4.4	1.11.4
2018	Rec 1.5.1	Deleted and replaced by the advice on e-cigarettes (recommendations 1.12.13 to 1.12.17).
2018	Recs 1.6.1, 1.6.2 and 1.6.5	1.13.1 Recommendations 1.6.1 and 1.6.2 were combined and a reference to sections on stop-smoking interventions and advice added, to clarify that health and social care professionals in primary care and community settings should be following these recommendations. Bullets have been amended to account for the healthcare professional being able to provide support themselves or local stop smoking support services not being available.
2018	Recs 1.6.3, 1.6.4 and 1.6.6	Deleted and replaced by recommendations in section 1.12 and 1.11.
2018	Rec 1.7.1	This recommendation is covered by recommendations in sections 1.11 and 1.15.
2018	Recs 1.8.1 to 1.8.3	1.12.18 to 1.12.20
2018	Recs 1.9.1, 1.9.2 and 1.9.4	Deleted because we now make recommendations on training only to cover specific knowledge and skills for a particular aspect of care, not on the content of general training.
2018	Recs 1.9.3, 1.9.5 and 1.9.6	1.23.2 to 1.23.4
2018	Recs 1.10.1 and 1.10.2	1.9.1 and 1.9.2 The phrasing of the final bullet point in 1.9.2 has been amended to align with



		other recommendations in the guideline that pinpoint groups with higher levels of smoking.
2018	Rec 1.11.1	1.21.7
2018	Rec 1.12.1	1.9.7

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