Appendix A. Measures of Rurality, Quality of Life, and Co-morbidity

Rurality

We used patients' residential addresses and zip codes to determine whether they live in urban or rural areas. In our study, patients were considered "rural" if they reside in a rural location that could be a barrier to health care, particularly a barrier for obtaining needed chemotherapy for advanced lung cancer. We applied two approaches. First, we classified the address using the Rural-Urban Commuting Area Codes/RUCA.^{1,2} For patients of whom RUCA suggested other than rural, we looked up the "Am I rural?" tool to define their rurality according to any of the following: Centers for Medicare & Medicaid Services (CMS), Federal Office of Rural Health Policy (FORHP), Medically Underserved Area (MUA), or Medically Underserved Population group(s) (MUP).³

Quality of Life

To assess patients' quality of life, we used a portion of a validated Functional Assessment of Cancer Therapy – Lung (FACT-L) instrument version 4 from the American Thoracic Society, of which we have been granted permission to use. In our study. The original questionnaire assessed quality of life in the domains of physical well-being, functional-well-being, social and emotional well-being and additional concerns. We did not use the social and emotional well-being questions as they were not the focus of our study.

Comorbidity

Patients' comorbidities were ranked using the Cumulative Illness Rating Scale for Geriatrics (CIRS-G).⁵ We listed 14 health conditions including psychiatric/behavioral. For each condition experienced by patients, the physicians were asked to rank the severity of the conditions.

References:

- 1. Rural-Urban Commuting Area Codes. United States Department of Agriculture Economic Research Service (USDA ERS) website <u>https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes/</u>. Updated October 12, 2016. Accessed October, 2016.
- Geocoding System. Federal Financial Institutions Examination Council (FFIEC) website <u>https://geomap.ffiec.gov/FFIECGeocMap/GeocodeMap1.aspx</u>. Updated October 12, 2016. Accessed October, 2016.
- 3. Am I Rural? Tool. Rural Health Information Hub website <u>https://www.ruralhealthinfo.org/am-i-rural</u>. Accessed October, 2016.
- Functional Assessment of Cancer Therapy Lung (FACT-L). American Thoracic Society website <u>http://qol.thoracic.org/sections/instruments/fj/pages/fact-l.html</u>. Accessed October, 2016.
- 5. Miller MD, Paradis CF, Houck PR, et al. Rating chronic medical illness burden in geropsychiatric practice and research: application of the Cumulative Illness Rating Scale. *Psychiatry Res.* 1992;41(3):237-248.