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## **Amphetamines**

Updated: August 25, 2021.

# **OVERVIEW**

## Introduction

The amphetamines are indirect acting sympathomimetic amines and powerful central nervous system stimulants which are used in the therapy of attention deficit disorder, hyperactivity and narcolepsy. Amphetamines also have a potential for abuse and illicit forms of amphetamines constitute some of the most dangerous, but widely used drugs of abuse. High doses of amphetamines can be associated with liver injury and distinctive forms of clinically apparent liver injury which has been most commonly associated with methylenedioxymethamphetamine (MDMA: "ecstasy").

## Background

The amphetamines (am fet' a meens) are potent central nervous system (CNS) stimulants that are believed to act by causing release of norepinephrine at CNS nerve terminals promoting neurotransmission. Oral therapy with amphetamine has been shown to increase cognitive abilities and improve psychological functioning and performance in children and adults with suspected attention deficit disorders. The amphetamines often have a paradoxical calming action in children with hyperactivity. Amphetamines are also used in the therapy of narcolepsy and formerly for the treatment of obesity. Several forms of amphetamine have been approved for use in the United States. Amphetamine is available in multiple forms for oral administration including capsules, tablets, oral solutions, and as extended-release and long-acting forms in concentrations varying from 2.5 to 54 mg in generic forms and under several brand names, including Adderall (dextroamphetamine and amphetamine), Dexedrine (dextroamphetamine), Vyvanse (lisdexamfetamine), Desoxyn (methamphetamine), and Benzedrine (amphetamine). Transdermal formulations are also available. The usual dose in adults is 10 mg two or three times daily and average maintenance dosage is 40 to 60 mg daily. The dosage in children varies by formulation. Amphetamine is a controlled substance (Schedule II) and has major abuse potential. Common side effects include headache, insomnia, irritability, elation, agitation, confusion, palpitations, tachycardia, nasal stuffiness, and decreased appetite.

## Hepatotoxicity

In clinical trials, amphetamine has not been associated with serum aminotransferase elevations during therapy, but monitoring of serum enzymes during large scale, long term trials of therapy have not been reported.

More importantly, several amphetamines have been associated with clinically apparent and sometimes severe or even fatal instances of acute liver injury. These cases typically follow intravenous use, particularly when given in an excessive single dose. The synthetic amphetamine methylenedioxymethamphetamine (MDMA, but known familiarly as "ecstasy") has been implicated in the largest number of cases, many of which were severe and led to

acute liver failure and death. The onset of ecstasy associated hepatitis is generally 3 to 14 days after ingestion and the onset is typically abrupt with fatigue, weakness, jaundice and confusion. The pattern of serum enzyme elevations is typically hepatocellular and ALT and AST values may be markedly increased with similar increases in lactic dehydrogenase. Onset of symptoms within a day of exposure is most frequent with acute liver failure and prolongation of the prothrombin time and other organ injury often present (renal, cardiac, muscle) (Case 1). The clinical course and early histological features of ecstasy induced hepatitis are similar to the patterns that occur with ischemic hepatitis and liver injury due to hyperthermia. Other amphetamines (such as the "designer" amphetamine, methylone or "Explosion") can cause a similar pattern of hepatic injury, but usually only when given as an overdose.

A second pattern of clinically apparent liver injury linked to amphetamines is more acute viral hepatitis-like, presenting with onset of fatigue, nausea and jaundice 1 to 2 weeks after an exposure or daily use (Case 2). These cases also can be severe, but are usually self-limiting. Immunoallergic features are uncommon and autoantibodies are usually not present. Recovery occurs with 1 to 3 months. Recurrence on reexposure has not been reported. However, a difficulty with analysis of cases of amphetamine induced liver injury is that the agent is often used illegally and patients are usually unwilling to return for long-term follow up (Cases 1 and 2).

Likelihood score: A[HD] (well established cause of liver injury, but severe cases occur only with high doses).

### **Mechanism of Injury**

The mechanism by which the amphetamines cause liver injury is unknown, but amphetamines undergo extensive hepatic metabolism largely by the hepatic P450 system (CYP 2D6) and generation of a toxic metabolite may be the cause of hepatic injury with high doses of amphetamines. In cases of hyperacute liver failure due to ecstasy and to intravenous amphetamine, hyperthermia, shock and ischemia may account for the early liver injury.

### **Outcome and Management**

The liver injury due to the amphetamines is usually self-limited and resolves rapidly. However, the acute liver injury can be severe and may require emergency liver transplantation within days of presentation. Several cases of chronic hepatitis apparently due to ecstasy have been described, usually in patients who continue to abuse MDMA. In these cases, liver biopsy shows features of chronic hepatitis with fibrosis, but cirrhosis has yet to be described and the co-occurrence of chronic hepatitis C among drug users may complicate the clinical picture. Patients with ecstasy induced hepatitis should be cautioned against its continued use, but the frequency of recurrence upon rechallenge is unclear. As with other amphetamines, the liver injury appears to be partially dose related.

Central nervous system stimulants used for attention deficit disorder, narcolepsy or excessive sleepiness include methylphenidate, atomoxetine, modafinil, armodafinil and the amphetamines. Stimulants that are no longer used for medical conditions but that are abused include cocaine and ecstasy or methylenedioxymethamphetamine.

Drug Class: Central Nervous System Stimulants

## **CASE REPORTS**

# Case 1. Acute hepatic necrosis after methylenedioxymethamphetamine (Ecstasy) use.(1)

A 32 year old woman developed hallucinations and confusion a few hours after ingesting 100 to 150 mg of methylenedioxymethamphetamine (MDMA) and was brought to the emergency room with agitation,

disorientation and high fever. On examination, she had tachycardia (150/min), hypotension (90/50 mm Hg), tachypnea (36/min) and fever (41.6 °C). She had dilated pupils, nystagmus and hyperreflexia. Laboratory tests showed normal blood counts and liver tests with mild dehydration (creatinine 1.9 mg/dL), and serious hypoxemia (pO2 44 mm). She was admitted to an intensive care unit for ventilator support for 24 hours. Thereafter, she had weakness, anorexia and nausea, but improved over the next week and was discharged 10 days after admission. She had no previous history of liver disease or jaundice and took no other medications. She had used MDMA previously without complications. She denied injection drug use. During the course of her hospitalization, she developed elevations in serum enzymes and jaundice (Table). The prothrombin time became abnormal, but she remained stable and liver test abnormalities were markedly improved over the 10 day hospitalization. Analysis of the recovered powder that was taken demonstrated that it was 99% pure MDMA.

### **Key Points**

| Medication:        | Methylenedioxymethamphetamine (MDMA: "Ecstasy") |
|--------------------|---|
| Pattern:           | Hepatocellular (R=~100)                         |
| Severity:          | 3+ (jaundice, hospitalization)                  |
| Latency:           | 3 days to jaundice                              |
| Recovery:          | Rapid, not completely documented                |
| Other medications: | None mentioned                                  |

### **Laboratory Values**

| Time After<br>Stopping | AST<br>(U/L)             | Alk P<br>(U/L) | INR   | Bilirubin*<br>(mg/dL) | Other      |  |  |
|------------------------|--------------------------|----------------|-------|-----------------------|------------|--|--|
|                        | Single Ingestion of MDMA |                |       |                       |            |  |  |
| 0                      | 30                       | 50             | 13.6  | 0.4                   | Admission  |  |  |
| 1 day                  | 385                      | 65             | 33.2  | 1.2                   | Extubation |  |  |
| 2 days                 |                          |                | 37.9  |                       |            |  |  |
| 3 days                 | 1820                     | 107            | 18.9  | 6.8                   |            |  |  |
| 4 days                 | 1435                     | 90             | 13.8  | 7.6                   |            |  |  |
| 5 days                 | 1680                     | 145            | 12.8  | 5.6                   |            |  |  |
| 10 days                | 237                      | 68             |       | 1.6                   | Discharge  |  |  |
| Normal                 | <42                      | <115           | <14.5 | <1.2                  |            |  |  |

### Comment

Abuse of MDMA, an amphetamine derivative used orally as a "social" drug, often during "rave" parties, has been associated with severe toxic reactions with severe hyperthermia, shock, respiratory failure and hepatitis. This case demonstrates the timing of the "hyperacute" hepatic failure that can occur with MDMA use, with early and immediate presentation and with the acute adverse effects of amphetamines (sympathomimetic reactions of tachycardia, papillary dilation and confusion). The liver injury arises 1 to 3 days later, the prothrombin time becoming abnormal immediately followed by rise in ALT and AST and jaundice. The clinical pattern is "acute hepatic necrosis" as occurs with toxic reactions, most typically with acetaminophen overdose. The cause of the hyperacute hepatic failure due to MDMA may actually be hyperthermia as the early hepatic histology resembles hyperthermia induced liver injury (fat accumulation and central coagulative necrosis). Why a person who has been regularly abusing MDMA should suddenly have such an overwhelming toxic reaction is unclear, but it probably represents drug overdose and administration of more than claimed dose of the illegally (and

unreliably) prepared substance, or else an underlying change in susceptibility (perhaps dehydration from participation in a "rave" or a concurrent illness). Differing slightly from this acute toxic hepatitis are cases of a more protracted course of an acute viral hepatitis-like outcome from MDMA use that typically have a longer latency and longer course (Case 2). Cases of liver injury due to amphetamine have resembled this toxic course and have usually arisen after an acute overdose, usually from intravenous amphetamine use.

# Case 2. Acute hepatitis after methylenedioxymethamphetamine (Ecstasy) use.(2)

A 17 year old male who had been taking MDMA on weekends for 2 to 3 months developed fatigue followed by dark urine and jaundice. He had no previous history of liver disease or jaundice and took no other medications. He denied injection drug use. On examination, he was jaundiced but had no rash or fever. Laboratory testing showed elevations in serum bilirubin (5.6 mg/dL) and aminotransferase levels (Table). His prothrombin index was 58%. Tests for hepatitis A, B and C and for Epstein-Barr virus infection were negative as were autoantibodies. A liver biopsy showed acute hepatitis with occasional giant hepatocytes. His serum bilirubin continued to rise for the next 4 weeks, peaking at 28.1 mg/dL. Thereafter, he improved and all liver tests were normal 4 months later.

### **Key Points**

| Medication:        | Methylenedioxymethamphetamine (MDMA: "Ecstasy") |
|--------------------|---|
| Pattern:           | Hepatocellular (R=~5.5)                         |
| Severity:          | 3+ (jaundice, hospitalization)                  |
| Latency:           | 2 weeks to jaundice                             |
| Recovery:          | Slow, almost complete by 4 months               |
| Other medications: | None  |

### **Laboratory Values**

| Time After<br>Stopping | ALT*<br>(U/L) | Alk P*<br>(U/L) | Bilirubin*<br>(mg/dL) | Other                     |
|------------------------|---------------|-----------------|-----------------------|---------------------------|
| 2 days                 | 1118          |                 | 5.6                   | Prothrombin index 58%     |
| 4 days                 | 750           | 280             | 21.6                  |                           |
| 5 days                 | 320           | 280             | 20.5                  |                           |
| 7 days                 | 1090          | 480             | 27.8                  |                           |
| 8 days                 | 850           | 240             | 22.2                  |                           |
| 10 days                | 800           |                 | 21.6                  | Liver biopsy: giant cells |
| 11 days                | 750           |                 | 8.7                   |                           |
| 13 days                | 300           | 240             | 3.2                   |                           |
| 17 days                | 50            | 200             | 2.4                   |                           |
| 3 weeks                | 50            | 200             | 2.4                   |                           |
| Normal                 | <65           | <136            | <1.2                  |                           |

\* Estimated from Figure 3.

### Comment

Abuse of MDMA is frequently not mentioned by the patient, but should be considered in any young person with an unexplained acute hepatitis. This patient had an acute viral hepatitis-like presentation with a prolonged course starting a few weeks after last taking MDMA. There was no history of an acute episode of agitation, hypotension and hyperthermia and the pattern of liver enzyme elevations was more typical of hepatitis, remaining elevated for several weeks. The finding of giant cells on liver biopsy is largely nonspecific and does not help with the diagnosis.

## **PRODUCT INFORMATION**

### **REPRESENTATIVE TRADE NAMES**

Amphetamine - Generic, Benzedrine®

#### DRUG CLASS

Central Nervous System Stimulants

#### COMPLETE LABELING

Product labeling at DailyMed, National Library of Medicine, NIH

## **CHEMICAL FORMULA AND STRUCTURE**



## **CITED REFERENCES**

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- 2. Muñoz P, Drobinska A, Bianchi L, Züger C, Pirovino M. [Acute giant cell hepatitis in a 17-year old man]. Praxis (Bern 1994) 2004; 93: 2109-12. German.

## **ANNOTATED BIBLIOGRAPHY**

References updated: 25 August 2021

Abbreviations: MDEA (Eve), methylenedioxyethylamphetamine; MDMA (Ecstasy), methylenedioxymethamphetamine.

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- (18 year old woman developed acute liver failure having used ecstasy on weekends for several months [bilirubin 28.2 mg/dL, ALT 1360 U/L, Alk P 30 U/L, protime 36%], recovering spontaneously over the ensuing 2 months).
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- (Four cases of ecstasy induced liver disease: 2 women and 2 men, ages 17 to 28 years, developed jaundice 1-2 weeks after taking ecstasy [bilirubin 9.4-32 mg/dL, ALT 739-2303 U/L, Alk P 254-416 U/L, protime 15-62%], one undergoing liver transplantation 4 days after admission, the remaining 3 recovering within 2-3 months).
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- (17 year old female developed nausea and jaundice 2 days after using ecstasy, which had been used intermittently for 6 months [bilirubin 17.3 mg/dL, ALT 2136 U/L, protime 15%], progressive hepatic failure leading to liver transplantation within 4 days).
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- (21 year old man developed nausea followed by jaundice 3 days after taking 3 tablets of ecstasy, after 3 months of intermittent use [bilirubin 25 mg/dL, ALT 1,347 U/L, Alk P 118 U/L, protime 18 seconds], ultimately with spontaneous recovery).
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- (Outcome of organ transplants from two multiorgan transplant donors who died of brain death from MDMA overdose and hyponatremia; liver recipients had benign and uneventful outcomes; three cases of acute liver failure in 25, 27 and 16 year old's with jaundice arising within days of taking ecstasy and undergoing successful emergency liver transplantation).
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- (Retrospective analysis of 52 cases of ecstasy intoxications during 3 year period in Switzerland; collapse [37%], palpitations [19%], dizziness [15%] and anxiety [14%] or panic [31% when used with cocaine], only six required intensive care including one with hepatic failure).
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- (21 year old male developed painless jaundice 5 days after taking ecstasy for the first time [bilirubin 16.5 mg/dL, ALT 50 times ULN, Alk P minimally elevated], resolving over subsequent 2 months).
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- (Summary of 2 years of adverse event reporting in Korea; of 9360 reports, 567 were liver related, but none were attributed to amphetamines).
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- (27 year old woman developed jaundice and ascites 9 months after starting regular use of cocaine and MDMA [bilirubin 4.5 mg/dL, ALT 220 U/L, Alk P 274 U/L], liver biopsy showing chronic hepatitis and cirrhosis, with gradual improvement upon stopping and with normal bilirubin after 2 months and normal enzymes after 10 months).
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- Björnsson ES, Bergmann OM, Björnsson HK, Kvaran RB, Olafsson S. Incidence, presentation and outcomes in patients with drug-induced liver injury in the general population of Iceland. Gastroenterology. 2013;144:1419–25. PubMed PMID: 23419359.
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- (Systematic review of literature of drug induced liver injury in Latin American countries published from 1996 to 2012 identified 176 cases, but none were attributed to amphetamines).
- Allen SB, Cross KP. Out of the frying pan, into the fire: a case of heat shock and its fatal complications. Pediatr Emerg Care. 2014;30:904–10. PubMed PMID: 25469604.
- (15 year old male football player who was taking Adderall for ADHD collapsed during practice and on hospital admission had hyperthermia [107.3<sup>o</sup>F] and upon cooling and resuscitation developed hepatic, renal and respiratory failure [bilirubin not given, ALT 12 rising to 7839 U/L, Alk P 184 U/L, LDH 360 rising to 7839 U/L], dying within 4 days of multiorgan failure).
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- (Commentary on the rise of reports of liver injury after use of poorly regulated nutritional supplements, some of which contain undisclosed synthetic amphetamine analogues meant to promote weight loss and boost energy levels).
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- (Two fatal cases of suspected MDMA overdose: 19 year old man with rapidly fatal acute hepatic failure and a 39 year old man who collapsed at work were found to have elevated, post-mortem blood amphetamine levels).
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- (Among 899 cases of drug induced liver injury enrolled in a US prospective study between 2004 and 2013, none were attributed to ecstasy [MDMA] or other amphetamines).
- Atayan Y, Çağın YF, Erdoğan MA, Harputluoglu MM, Bilgic Y. Ecstasy induced acute hepatic failure. Case reports. Acta Gastroenterol Belg. 2015;78(1):53–5. PubMed PMID: 26118578.
- (Two Turkish men, ages 24 and 18, ingested ecstasy and presented 1 week later with jaundice [bilirubin 14 and 23 mg/dL, ALT 1237 and 2154 U/L, INR 1.3 and 2.5], one developing hepatic failure and requiring transplantation and the other recovering with conservative therapy).
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- (A full-term Italian newborn male with low birth weight, respiratory distress, seizures, neurologic signs and hepatomegaly had ALT 295 U/L, GGT 125 U/L, bilirubin 9.9 mg/dL and platelets of 29,000, and urine from both the child and mother tested positive for methamphetamine).
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- (Concise review of drugs for attention deficit/hyperactivity disorder mentions that methylphenidate and the CNS stimulants are the first line agents for school age children and adolescents and that adverse events can include decreased appetite, abdominal pain, headache and insomnia, but does not mention ALT elevations or hepatotoxicity).
- Zhao T, Zhai C, Song H, Wu Y, Ge C, Zhang Y, Xu H, et al. Methamphetamine-Induced Cognitive Deficits and Psychiatric Symptoms Are Associated with Serum Markers of Liver Damage. Neurotox Res. 2020;37:67–76. PubMed PMID: 31691188.
- (Cognitive deficits were greater among 106 Chinese male methamphetamine-addicts at the "Compulsory Isolated Drug Rehabilitation Centre" than among 76 healthy staff members, while serum ALT levels were similar and AST levels were lower which the authors suggested was due to a "phased characteristic of liver injury").
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- (21 year old Yemeni man developed right upper quadrant pain and liver test abnormalities [bilirubin 0.7/2.0 mg/dL, ALT 328 U/L, Alk P 78 U/L] and admitted to Khat use 5-6 times per month since moving to the US, resolving within a few months of stopping).