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Telaprevir

Updated: January 26, 2022.

OVERVIEW

Introduction

Telaprevir is an oral, direct acting hepatitis C virus (HCV) protease inhibitor that was used in combination with other antiviral agents in the treatment of chronic hepatitis C, genotype 1. Approved for use in the United States in 2012, it was withdrawn in 2015 when regimens of all oral direct acting agents with superior efficacy and better tolerance became available. Telaprevir was not linked to instances of acute liver injury during therapy, but was linked to cases of severe cutaneous reactions such as DRESS and Stevens Johnson syndrome which were associated with mild hepatic injury. In addition, when combined with peginterferon and ribavirin, telaprevir was associated with cases of hepatic decompensation in patients with preexisting cirrhosis.

Background

The hepatitis C virus is a small RNA virus that is a major cause of chronic hepatitis, cirrhosis and hepatocellular carcinoma in the United States as well as worldwide. Various approaches to antiviral therapy of chronic hepatitis C have been developed, starting in the 1980s with interferon alfa which was replaced in the 1990s by long acting forms of interferon (peginterferon), to which was added the oral nucleoside analogue, ribavirin. Between 2010 and 2015, several potent oral, direct acting anti-HCV agents were developed and combinations of these found to have marked activity against the virus, allowing for highly effective therapy without use of interferon and with treatment courses of 8 to 12 weeks only. These direct acting agents included HCV protease (NS3/4) inhibitors, structural replication complex (NS5A) inhibitors and the HCV RNA polymerase (NS5B) inhibitors. The HCV proteases that have been developed are polypeptide-like molecules, modified amino acids that that resemble the specific amino acid sequence that the viral protease cleaves and act as competitive inhibitors of the protease enzyme. The first HCV protease inhibitors (all having the suffix: -previrs) approved for use in the United States were boceprevir [2012: Victrelis] and telaprevir [2012: Incevek], both used in combination with peginterferon and ribavirin. Subsequently, five more HCV protease inhibitors were approved for use in the United States: simeprevir [2013, Olysio], paritaprevir [2014, Viekira Pak], grazoprevir [2016, Zepatier], glecaprevir [2017: Mavyret], and Voxilaprevir [2017: Vosevi].

Telaprevir (tel a' pre vir), like other HCV protease inhibitors, blocks the activity of the viral encoded protease (HCV nonstructural [NS] region 3/4) that is essential in the posttranslational modification of the viral polypeptide that is cleaved into a series of structural and nonstructural (enzyme) regions. When used by itself, telaprevir results in rapid inhibition of HCV RNA levels, but resistance develops rapidly in a high proportion of patients. When combined with peginterferon and ribavirin, it was shown to provide a sustained inhibition of HCV RNA with a low rate of antiviral resistance. Triple therapy with telaprevir, peginterferon and ribavirin, when given for 24 to 48 weeks, increased the sustained virological response (SVR) rate from 40% to 50%

(peginterferon and ribavirin alone) to 70% to 85% in patients with genotype 1. Telaprevir was approved for use in the United States in 2011 for patients with chronic hepatitis C, genotype 1, to be used in combination with peginterferon and ribavirin. Since that time, telaprevir has been replaced by more potent and better tolerated oral antiviral agents that can be given in combination without peginterferon. For these reasons, telaprevir was withdrawn by the sponsor in 2015. Telaprevir was previously available under the brand name Incivek (formerly VX950) as tablets of 375 mg. The recommended dose was 750 mg three times daily for the first 12 of the 24 or 48 weeks of combination therapy. The side effects of telaprevir were difficult to separate from those of peginterferon and ribavirin, but the triple therapy was associated with a higher rate of many side effects, including anemia, fatigue, itching, rash, anal pruritus and burning and gastrointestinal upset. Rash was particularly common with telaprevir therapy occurring in at least half of patients and occasionally being associated with DRESS or Stevens Johnson syndrome.

Hepatotoxicity

In large randomized controlled trials, triple therapy with telaprevir, peginterferon and ribavirin was associated with a high rate of adverse events that often required dose adjustments and led to early discontinuation in 5% to 20% of patients. However, serum ALT elevations and clinically apparent liver injury were not generally mentioned as adverse events of therapy. Telaprevir, however, was associated with a high rate of rash, which was sometimes associated with features of hypersensitivity, including rare instances of DRESS and Stevens Johnson syndrome. These severe cutaneous reactions are often accompanied by laboratory evidence of hepatic injury (ALT and alkaline phosphatase elevations). In reported cases, however, the rash and other features of hypersensitivity typically overshadowed the hepatic injury and none were reported to be associated with jaundice.

Another rare but severe hepatic complications of telaprevir therapy occurs in patients with advanced fibrosis or cirrhosis, among whom de novo, seemingly spontaneous hepatic decompensation occurred in a proportion of treated subjects. Decompensation was particularly common in patients with advanced fibrosis or cirrhosis with a previous history of decompensation. The cause of the decompensation was not clear and the separate role of telaprevir in contrast to peginterferon and ribavirin could not be defined. Nevertheless, in postmarketing studies of triple therapy of chronic hepatitis C with cirrhosis, decompensation was reported in 2% to 8% of patients, and deaths from hepatic failure in 1% to 3%.

Likelihood score for the combination of telaprevir, peginterferon and ribavirin: B (likely cause of liver injury and hepatic decompensation in patients with preexisting cirrhosis or advanced fibrosis).

Mechanism of Injury

The mechanism by which telaprevir might cause liver injury is not known. It is metabolized in the liver largely via the cytochrome P450 system, predominantly CYP 3A4, and liver injury may be due to production of a toxic or immunogenic metabolite. It is also a substrate of P-glycoprotein (P-gp). Telaprevir is also susceptible to multiple drug-drug interactions and can cause increases in serum concentrations of drugs that depend upon CYP 3A4 metabolism or P-gp. The other adverse effects of telaprevir, particularly when combined with peginterferon and ribavirin, may predispose to events that might lead to hepatic decompensation in a susceptible patient. Triple therapy using telaprevir (as well as with boceprevir and simeprevir) can cause anemia, neutropenia, thrombocytopenia, severe infections, gastrointestinal upset, dehydration and rash, all of which might help precipitate hepatic decompensation in a patient with underlying cirrhosis or advanced fibrosis.

Outcome and Management

Rash was common with telaprevir therapy and several cutaneous reactions were occasionally accompanied by evidence of hepatic injury. There is no reason to suspect cross sensitivity to the cutaneous hypersensitivity

3

between telaprevir and other oral antivirals active against hepatitis C. Triple therapy using telaprevir is no longer used, but it was considered inadvisable in patients with preexisting cirrhosis, particularly those with a prior history of hepatic decompensation. A similar high rate of decompensation of preexisting cirrhosis was reported with triple therapy using boceprevir and simeprevir, two other HCV protease inhibitors. In fact, hepatic decompensation was also a reported complication of all-oral antiviral therapy of hepatitis C, although the rates reported with non-interferon and non-ribavirin containing regimens were quite low (<1%).

Drug Class: Antiviral Agents, Hepatitis C Agents, HCV Protease Inhibitors

PRODUCT INFORMATION

REPRESENTATIVE TRADE NAMES

Telaprevir – Incivek®

DRUG CLASS

Hepatitis C Agents

COMPLETE LABELING

Product labeling at DailyMed, National Library of Medicine, NIH

CHEMICAL FORMULA AND STRUCTURE

DRUG	CAS REGISTRY NUMBER	MOLECULAR FORMULA	STRUCTURE
Telaprevir	402957-28-2	C36-H53-N7-O6	

ANNOTATED BIBLIOGRAPHY

References updated: 26 January 2022

Abbreviation used: HCV, hepatitis C virus; HIV, human immunodeficiency virus; SVR, sustained virological response.

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(Multi-authored textbook of hepatotoxicity published in 2013 does not discuss oral, direct acting antiviral agents used to treat hepatitis C).

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- (Among 12 patients treated with telaprevir, peginterferon and ribavirin for 4 weeks, all became HCV RNA negative by 28 days, and all 8 patients who continued peginterferon and ribavirin thereafter for up to 48 weeks had an SVR; during telaprevir therapy, 4 patients developed rash; no mention of de novo ALT elevations).
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- (Among 453 patients with previously treated chronic hepatitis C, genotype 1, treated with one of 4 regimens of peginterferon, ribavirin and telaprevir, SVR rates were higher with telaprevir [24-51% vs 14%] as were serious adverse events [17-24% vs 11%], rash occurring in at least half of patients on telaprevir, usually within 1-4 weeks of starting and requiring discontinuation in 5%; no mention of ALT elevations or liver related adverse events).
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5

(Among 540 previously untreated patients with chronic hepatitis C, genotype 1, treated with telaprevir [12 weeks] and ribavirin and peginterferon [for 12, 24 or 48 weeks], the overall rate of SVR was 72%, rash 37% and any serious adverse events 9%; no mention of ALT elevations or liver related adverse events).

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- (Among 663 patients with previously treated chronic hepatitis C, genotype 1, who were treated with various regimens of telaprevir [12 weeks] with or without 48 weeks of peginterferon and ribavirin, SVR rates were higher with telaprevir [64-66% vs 17%] as were side effects of fatigue, gastrointestinal upset, pruritus, rash, anemia and neutropenia; no mention of liver related adverse events).
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- (Among 1088 patients with previously untreated chronic hepatitis C, genotype 1, who were treated with peginterferon and ribavirin with vs without 12 weeks of telaprevir, SVR rates were higher with telaprevir [69-75% vs 44%], but serious adverse events rates were similar [9% vs 7%]; one case of Stevens Johnson syndrome and one liver disease death occurred in telaprevir groups, but few details were provided).
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- (Concise review of the efficacy, safety and costs of boceprevir and telaprevir, shortly after their approval for use as a part of triple therapy of chronic hepatitis C, genotype 1, in the US, mentions side effects of rash, anemia, fatigue, pruritus, nausea and anorectal pruritus and burning, but not ALT elevations or clinically apparent liver injury).
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- (Review of the clinical features and management of dermatologic side effects of triple therapy with telaprevir, during which rash arises in half of patients, usually during the first 1-12 weeks, typically mild-to-moderate in severity, but requiring discontinuation in 6% of patients, and more severe examples reported have include suspected Stevens Johnson syndrome in 3 and DRESS in 11 patients).
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- (Among 141 previously treated Japanese patients with chronic hepatitis C, genotype 1, treated with telaprevir [12 weeks] with ribavirin and peginterferon [24 weeks], the overall SVR rate was 76% and serious adverse event rate 11%, most troublesome being anemia and rash; no mention of ALT elevations or hepatotoxicity).
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(Among 497 patients with chronic hepatitis C, genotype 1, and cirrhosis treated in a French early access program with 48 weeks of peginterferon and ribavirin with either boceprevir or telaprevir, serious adverse events occurred in 197 patients [40%], hepatic decompensation in 12 [2.4%], severe infection in 24 [4.8%], and 6 patients died [1.5%], the serious complications typically arising in the first 12 weeks of therapy).

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9

(Among 79 patients with chronic hepatitis C, genotype 1, after liver transplantation who were treated with peginterferon, ribavirin and either simeprevir [n=79] or telaprevir [n=36], the SVR rates were 56% vs 69%, serious adverse event rates 11% vs 25%, and immune mediated graft dysfunction occurred in 8% vs 11%).

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- (Among 54 Japanese patients with chronic hepatitis C, genotype 1, treated with telaprevir, peginterferon and ribavirin, the SVR rate was 89% while adverse events were frequent and telaprevir was discontinued early in 23 patients, largely due to rash or anemia; no mention of ALT elevations or hepatotoxicity).
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- (Among 74 patients with recurrence of HCV infection, genotype 1, after liver transplantation who were treated with telaprevir, peginterferon and ribavirin, the SVR rate was 72%, while tacrolimus and cyclosporin levels were often increased during telaprevir therapy requiring dose adjustment; common adverse events were anemia, pruritus, anorectal discomfort and rash; no mention of hepatotoxicity or hepatic decompensation).
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- (Among 834 patients treated with telaprevir or boceprevir combined with peginterferon and ribavirin enrolled in a multicenter Italian database, the SVR rate was 63% but adverse events were frequent and led to early discontinuation in 15%, largely for rash [31%], anemia [23%], weakness [14%] and other reasons included ascites in 3 patients, but ALT elevations and hepatic dysfunction were not mentioned).
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- (Among 617 patients with chronic hepatitis C, genotype 1, treated with peginterferon alfa or lambda combined with telaprevir and ribavirin, the SVR rate was 82% [alfa] vs 76% [lambda] and while overall adverse events were similar [97% vs 92%]; lambda therapy was associated with less cytopenia than alfa, but had a higher rate of jaundice [2.7% vs 1%] and ALT elevations [7.3% vs 0.5%] and liver abnormalities led to dose reduction in 10%).

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- (Among 4619 patients treated for chronic hepatitis C In a nationwide Japanese database from 2009-2015, dropout rates were higher with peginterferon and ribavirin alone than with telaprevir triple therapy [23% vs 13%]; reasons for stopping telaprevir included fatigue [26%], anorexia [23%], anemia [16%], psychoneuroses [11%], retinopathy [6.1%], but no mention of hepatic adverse events).
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- (Among 4100 patients with chronic hepatitis C, genotype 1, enrolled in an international database and treated with triple therapy of peginterferon [alfa-2a or alfa-2b], ribavirin, and either boceprevir or telaprevir, SVR rates ranged from 57% to 65% and were lower in those with cirrhosis [41% vs 66%], while serious adverse events included hepatic failure [n=4: 0.1%, 1.1% of cirrhotics], serious infections [45: 1.1%] and death [11: 0.2%]).
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- (Among 715 Brazilian patients with chronic hepatitis C treated at 15 medical centers with peginterferon, ribavirin and either boceprevir [n=158] or telaprevir [n=557], the SVR rate was 57%, those with cirrhosis having a lower SVR [47% vs 71%] and higher severe adverse event rate [51% vs 35%], which included hepatic decompensation in 18 patients [4% of total, 6.6% of cirrhotics]).
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- (58 year old woman developed severe generalized rash 2 months after the addition of telaprevir to peginterferon and ribavirin therapy of chronic hepatitis C, with fever, eosinophilia, facial edema, mild ALT elevations [60 U/L] and skin biopsy compatible with DRESS, responding rapidly to corticosteroid therapy).
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- (64 year old man with chronic hepatitis C developed rash, fever, facial edema, lymphadenopathy and liver test elevations [AST 36 U/L, GGT 158 U/L, bilirubin 1.8 mg/dL], responding rapidly to corticosteroid therapy).
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- (High throughput screening of 6070 medications for activity against SARS-CoV2 in cell culture identified 8 agents with potent activity [IC50 less than 50 μ M] including telaprevir and boceprevir).