

**Table 16: Clinical evidence profile: Comparison 4. Positive expiratory pressure (PEP) versus no airway clearance technique**

Quality assessment							No of patients		Effect		Quality	Importance
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	PEP	No airway clearance technique	Relative (95% CI)	Absolute		
<b>Sputum dry weight (follow-up mean 2 days; measured with: grams; Better indicated by higher values)</b>												
1 (Placidi 2006)	randomised trials	no serious risk of bias	no serious inconsistency	no serious indirectness	very serious <sup>1</sup>	none	17	17	-	MD 0.03 lower (0.48 lower to 0.42 higher)	LOW	CRITICAL
<b>Sputum wet weight (follow-up mean 2 days; measured with: grams; Better indicated by higher values)</b>												

Quality assessment							No of patients		Effect		Quality	Importance
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	PEP	No airway clearance technique	Relative (95% CI)	Absolute		
1 (Placidi 2006)	randomised trials	no serious risk of bias	no serious inconsistency	no serious indirectness	serious <sup>2</sup>	none	17	17	-	MD 1.8 higher (1.72 lower to 5.32 higher)	MODERATE	CRITICAL
<b>Lung function - FEV<sub>1</sub> (follow-up mean 2 days; measured with: % predicted; range of scores: 0-100; Better indicated by lower values)</b>												
1 (Bragion 1995)	randomised trials	very serious <sup>3</sup>	no serious inconsistency	no serious indirectness	very serious <sup>4</sup>	none	16	16	-	MD 2.1 higher (11.73 lower to 15.93 higher)	VERY LOW	IMPORTANT
<b>Lung function - FEV<sub>1</sub> (follow-up mean 2 days; measured with: litres; Better indicated by higher values)</b>												
1 (Placidi 2006)	randomised trials	no serious risk of bias	no serious inconsistency	no serious indirectness	very serious <sup>1</sup>	none	17	17	-	MD 0.01 higher (0.18 lower to 0.2 higher)	LOW	IMPORTANT
<b>Lung Function FVC (follow-up mean 2 days; measured with: % predicted; range of scores: 0-100; Better indicated by higher values)</b>												
1 (Bragion 1995)	randomised trials	very serious <sup>3</sup>	no serious inconsistency	no serious indirectness	very serious <sup>1</sup>	none	16	16	-	MD 1.2 higher (12.88 lower to 15.28 higher)	VERY LOW	IMPORTANT

Quality assessment							No of patients		Effect		Quality	Importance
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	PEP	No airway clearance technique	Relative (95% CI)	Absolute		
<b>Lung function - FVC (follow-up mean 2 days; measured with: litres; Better indicated by higher values)</b>												
1 (Placidi 2006)	randomised trials	no serious risk of bias	no serious inconsistency	no serious indirectness	very serious <sup>1</sup>	none	17	17	-	MD 0.05 higher (0.35 lower to 0.45 higher)	LOW	IMPORTANT
<b>Oxygen saturation - Spo2 (follow-up mean 2 days; measured with: %; range of scores: 0-100; Better indicated by higher values)</b>												
1 (Placidi 2006)	randomised trials	no serious risk of bias	no serious inconsistency	no serious indirectness	serious <sup>2</sup>	none	17	17	-	MD 0.3 higher (0.58 lower to 1.18 higher)	MODERATE	IMPORTANT

Abbreviations: CI: confidence interval; FEV<sub>1</sub>: forced expiratory volume in 1 second; FVC: forced vital capacity; MD: mean difference; SpO<sub>2</sub>: peripheral capillary oxygen saturation

1 The quality of the evidence was downgraded by 2 due to very serious imprecision as 95% CI crossed 2 default MIDs

2 The quality of the evidence was downgraded by 1 due to serious imprecision as 95% Ci crossed 1 default MID

3 The quality of the evidence was downgraded by 2 due to lack of blinding, attrition bias and reporting bias.

4 The quality of the evidence was downgraded by 2 due to very serious imprecision as 95% CI crossed 2 clinical MIDs