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# **Nimodipine**

Revised: January 18, 2021.

CASRN: 66085-59-4

# **Drug Levels and Effects**

## **Summary of Use during Lactation**

Based on limited data, amounts ingested by the infant are small and would not be expected to cause any adverse effects in breastfed infants.

## **Drug Levels**

Maternal Levels. A woman who was 3 days postpartum received 60 mg of nimodipine orally every 4 hours. She had a peak milk nimodipine level of about 3.5 mcg/L at 1 hour after a dose at steady-state. Milk levels from 1 hour before a dose (i.e., 3 hours after the previous dose) to simultaneously with a dose were less than 1 mcg/L.[1]

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Using the peak milk level data, the estimated maximum intake of an exclusively breastfed infant would be about 0.0009% of the maternal weight-adjusted dosage.

One woman who was 3 weeks postpartum was receiving nimodipine 2 mg per hour intravenously for 22 hours. The highest milk nimodipine concentration occurred 2 hours after completing the regimen and was 4.7 mcg/L. Four hours later the level had dropped to 0.63 mcg/L. It was estimated that a nursing infant would receive a maximum daily dosage of 0.092% of the mother's weight-adjusted dosage.[2]

*Infant Levels.* Relevant published information was not found as of the revision date.

#### **Effects in Breastfed Infants**

Relevant published information was not found as of the revision date.

#### **Effects on Lactation and Breastmilk**

Relevant published information was not found as of the revision date.

#### References

- 1. Tonks AM. Nimodipine levels in breast milk. Aust N Z J Surg. 1995;65:693–4. PubMed PMID: 7575306.
- 2. Carcas AJ, Abad-Santos F, de Rosendo JM, et al. Nimodipine transfer into human breast milk and cerebrospinal fluid. Ann Pharmacother. 1996;30:148–50. PubMed PMID: 8835048.

### **Substance Identification**

### **Substance Name**

Nimodipine

### **CAS Registry Number**

66085-59-4

### **Drug Class**

**Breast Feeding** 

Lactation

Antihypertensive Agents

Calcium Channel Blockers

Vasodilator Agents