

A1.10 Should withdrawal from opioids be conducted in inpatient or outpatient settings?

**GRADE evidence profile**

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**Question:** Should inpatient detoxification treatment versus outpatient detoxification treatment be used for opioid detoxification?  
**Patient or population:** opioid users  
**Settings:** inpatient versus outpatient  
**Systematic review:** Day E. et al.; *Inpatient versus other settings for detoxification for opioid dependence* (CLIB 2, 2005)<sup>168</sup>.

Quality assessment						Summary of findings					
No. studies	Design	Limitations	Consistency	Directness	Other considerations	No of patients		Effect		Quality	Importance
						Inpatient detoxification treatment	Outpatient detoxification treatment	Relative risk (RR) (95% CI)	Absolute risk (AR) (95% CI)		
<b>Completion of treatment<sup>(2,38)</sup> (objective follow-up: 10 days<sup>d</sup>)</b>											
1 <sup>a</sup>	Randomized trials	Serious limitations (-1) <sup>b</sup>	No important inconsistency	No uncertainty	Imprecise or sparse data (-2) <sup>e</sup>	7/10 (70%)	11/30 (36,7%)	RR 1.91 <sup>c</sup> (1.03 to 3.55)	330/1 000 more (0 to 670 more)	⊕○○○ Very low	7
<b>Relapsed at follow-up<sup>(2,38)</sup> (Objective follow-up: 10 days)</b>											
1 <sup>a</sup>	Randomized trials	Serious limitations (-1) <sup>b</sup>	No important inconsistency	No uncertainty	Imprecise or sparse data (-2) <sup>e</sup>	10/10 (100%)	28/30 (93,3%)	RR 1.07 <sup>c</sup> (0.97 to 1.18)	70/1 000 more (90 less to 220 more)	⊕○○○ Very low	7

<sup>a</sup> The study was conducted in USA  
<sup>b</sup> There are serious methodological problems regarding the randomization method  
<sup>c</sup> Fixed effect model  
<sup>d</sup> Length of treatment  
<sup>e</sup> Very few participants (40)