# **Evidence Tables**

**Citation**: Bipat S, van Leeuwen MS, Comans EF, Pijl ME, Bossuyt PM, Zwinderman AH, Stoker J. Colorectal liver metastases: CT, MR imaging, and PET for diagnosis. Meta-analysis (DARE structured abstract). Radiology 2005; 237:123-131

**Design**: systematic review and meta-analysis (search ended Jan 2004) **Country**: the Netherlands

**Aim**: to perform a meta-analysis to obtain sensitivity estimates of CT, MRI, and, FDG-PET for detection of colorectal liver metastases on per-patient and per-lesion basis.

#### Inclusion criteria

- Articles reported in English, French or German languages
- CT, MRI, or FDG-PET were used to identify and characterise colorectal liver metastases
- Histopathological analysis (performed at surgery, biopsy, and autopsy), intra-operative observation (manual palpation or intra-operative ultrasound), and/or follow up were used as the reference standard
- Sufficient data was present to calculate the true positive and false negative values for imaging techniques
  When data or subsets of data were presented in more than one article, the article with the most details or
- When data or subsets of data were presented in more than one article, the article with the most details or the most recent article was selected.

# **Exclusion criteria**

- If results of different imaging modalities were presented in combination and could not be differentiated for performance assessment of an individual modality.
- Review articles, letters, comments, articles that did not include raw data were not selected.

#### Population

61 articles fulfilled the inclusion criteria, 3187 patients in total. Patients with colorectal cancer Age range 12-93, age mean 61 In 57 studies the gender was reported. 1733 patients were male and 1128 were female

# Interventions

СТ

- Non-helical (1915 patients), helical (621 patients)
- the range of section thickness was 5-12mm, median 10mm
- the range in the amount of iodine contrast given (reported in 23 studies) was 30-60g

MRI

- 1.0T (173 patients), 1.5T (391 patients)
- the range in section thickness was 5-10mm, median 10mm
- 15 studies used gadolinium as contrast or other liver specific agents such as SPIO

FDG-PET (1058 patients)

#### Outcomes

Sensitivity on per patient and per lesion basis

### Results

Per patient analysis	Sensitivity%	95% confidence interval	P value
Non-helical CT	60.2%	55.7%-64.6%	
Helical CT	64.7%	30.4%-88.5%	
1.5 T MRI	75.8%	55.9%-88.6%	
FDG-PET	94.6%	92.5%-96.1%	PET had highest sensitivity compared to non-helical CT P<0.001 helical CT p=0.003 1.5T MRI p<0.001

Per lesion analysis		
Non helical CT	52.3%	Nonhelical CT had lowest sensitivity compared to Helical CT p<0.017 1.0 T MRI p<0.001 1.5 T MRI p<0.001 FDG PET p<0.003
Helical CT	63.8%	
1.0 T MRI	66.1%	
1.5 T MRI	64.4%	
FDG -PET	75.9%	

# Subgroup analysis 1

Helical CT	Sensitivity	
<5mm section thickness	68.2%	
<pre>&gt;5mm section thickness</pre>	69.1%	
<45g iodine contrast	61.4%	
U		
>45 g iodine contrast	64.0%	
One phase CT	71.4%	
two phase CT	65.7%-not significant	
1.5T MRI		
Non-enhanced	59.8%	
Gadolinium enhanced	78.2%	Higher compared to
		non enhanced MRI p=0.19
		helical CT <45g iodine p=0.02
SPIO enhanced	73.2%	Higher compared to
		non enhanced MRI p<0.001
		helical CT <45g iodine p<0.001

#### Subgroup Analysis 2

Non helical CT	sensitivity	95% confidence interval	
Lesions<1cm	25.3	15.9-37.6	
Lesions >1cm	74.3	66.5-80.9	
Helical CT			
Lesions <1cm	23.1	7.0-54.7	
Lesions >1cm	73.5	62.2-82.4	
Non enhanced MRI			
Lesions <1cm	12.6	8.0-17.5	
Lesions >1cm	65.7	56.4-73.9	
Gadolinium MRI			
Lesions <1cm	11.6	9.5-14.2	
Lesions>1cm	68.8	61.9-75.0	
SPIO MRI			
Lesions <1cm	29.3	18.2-43.6	
Lesions >1cm	90.2	87.5-92.4	Higher p<0.001

#### **General comments**

Conclusion: PET has higher sensitivity on a per patient basis but not on a per lesion basis. On a per lesion basis the modalities are comparable but all significantly more accurate than non-helical CT. Subgroup analyses showed no difference between section thickness, amount of iodine, numbers of phases for helical CT. Gadolinium and SPIO MRI however were better compared to non-enhanced MRI and helical CT with 45g or less of iodine.

References of Included Studies (For systematic reviews):

**Citation**: Wiering B, Krabbe PF, Jager GJ, Oyen WJ, Ruers TJ. The impact of fluor-18-deoxyglucose-positron emission tomography in the management of colorectal liver metastases: a systematic review and metaanalysis (DARE structured abstract). Cancer 2005; 104:2658-2670

**Design**: systematic review and meta-analysis (search ended Dec 2003) **Country**: The Netherlands

Aim:

- to identify how the descriptive statistics (sensitivity and specificity) for FDG-PET compare with those for CT in the assessment of both hepatic and extra-hepatic metastases.
- To identify whether FDG-PET has a significant impact on change in management.

#### Inclusion criteria

 Articles that included either a description of the impact of FDG-PET on clinical management or a description of imaging results for FDG-PET.

#### **Exclusion criteria**

#### Population

32 articles were included

#### Interventions

FDG-PET

# СТ

#### Outcomes

Sensitivity and specificity of CT scanning for extra and intra hepatic disease Sensitivity and specificity of FDG-PET for extra and intra hepatic disease Change in management for FDG-PET.

#### Results

Hepatic lesions	Sensitivity and 95% CI	Specificity and 95% CI
FDG PET	88.0% (CI 88%-98%)	96.1% (CI 70.4%-?)
СТ	82.7% (CI 64.2%-88.6%)	84.1% (CI 68.2%-97.0%)
Extra hepatic lesions		
FDG PET	91% (CI 84.3%-96.2%)	95% (CI 71.4%-98.4%)
СТ	60.9% (CI 44.4%-68.9%)	91.1% (CI 66.0%-92.8%)

Per lesion analysis

Hepatic lesions	Sensitivity	Specificity
FDG PET	79.9%	92.3%
СТ	85.8%	88.3%
Extra hepatic lesions		
FDG PET	91.2%	98.4%
СТ	55.3%	95.6%

Subgroup analysis (only the 6 high quality diagnostic studies)

In this analysis it is evident that FDG PET has value in the detection of extrahepatic disease compared to CT.

On a patient basis there is a >25% change in clinical management after FDG PET. This however is attributable mostly to the detection of extra hepatic disease, which generally precludes liver resection.

#### General comments

Despite omissions and quality issues in the diagnostic literature the pooled sensitivity of FDG PET indicates it has added value in the workup of patients with liver metastases.

**Citation**: Akiyoshi T, Oya M, Fujimoto Y, Kuroyanagi H, Ueno M, Yamaguchi T, Koyama M, Tanaka H, Matsueda K, Muto T. Comparison of preoperative whole-body positron emission tomography with MDCT in patients with primary colorectal cancer. Colorectal Disease 2009; 11:464-469

# **Design**: retrospective **Country**: Japan

Aim: to evaluate the additional value of FDG PET in comparison with multidetector row CT (MDCT) in patients with primary colorectal cancer

#### **Inclusion criteria**

65 patients with histologically proven colorectal cancer patients with suspected liver or lymph node metastases or patients with CEA >5ng/ml or patients with low rectal cancer awaiting pre op chemoradiotherapy to check lateral lymph node metastases.

#### **Exclusion criteria**

Not specifically mentioned.

# Population

65 patients (36 men, 29 women) characteristics as in the inclusion criteria

#### Interventions

MDCT FDG PET

#### Outcomes

Sensitivity, specificity, PPV, NPV, Accuracy

# Results

	Liver mets +	Liver mets -	total
CT +	22	1	23
CT -	0	42	42
total	22	43	65
0.011			

#### 2x2 table

Sensitivity	100% (22/22 ) (CI 85%-100%)
Specificity	98% (42/43) (CI 88%-100%)
PPV	96% (22/23) (CI 78%-100%)
NPV	100% (42/42) (CI 92%-100%)
Accuracy	98% (64/65 ) (CI 92%-100%)

	Liver mets +	Liver mets -	total
FDG PET +	20	0	20
FDG PET -	2	43	45
total	22	43	65

Sensitivity	91% (20/22 ) (CI 91%-99%)
Specificity	100% (43/43) (CI 92%-100%)
PPV	100% (20/20 ) (CI 83%-100%)
NPV	96% (43/45) (CI 85%-99%)
Accuracy	97% (63/65 ) (Cl 89%-100%)

FDG PET failed to identify liver metatases detected by MDCT in two patients.

#### **General comments**

CT appears sufficient for detection of metastases in the liver. The strength of PET is in the ability to screen for extraheaptic metastases and this is what leads to the change in management.

**Citation**: Arulampalam THA. FDG-PET for the pre-operative evaluation of colorectal liver metastases. Eur.J.Surg.Oncol. 2004; 30:286-291

# Design: prospective

Country: Royal Free Hospital, UK

**Aim**: To assess the accuracy of routine whole body FDG PET in the pre operative staging of patients with colorectal liver metastases.

#### Inclusion criteria

Patients referred to a single surgeon for consideration for resection of colorectal liver metastases. Sep 1999-May 2002 Patients had both FDG PET and spiral CT.

#### **Exclusion criteria**

#### Population

31 patients were studied. (median age 67, range 41-82), 15 male. 28 patients had a lesion on both PET and CT. This was considered the index lesion and only these patients were considered for assessment by resection. Follow up was for 21 months (range 5-33) No loss to follow up.

#### Interventions

FDG PET CT

#### Outcomes

#### Results

Accuracy of FDG PET and CT in detecting additional metastatic lesions in 28 patients with confirmed colorectal liver metastases.

	Liver mets +	Liver mets -	total
CT +	8	1	9
CT -	9	10	19
total	17	11	28

Sensitivity	47%
Specificity	91%
PPV	89%
NPV	53%

	Liver mets +	Liver mets -	total
FDG PET +	17	1	18
FDG PET -	0	10	10
total	17	11	28

Sensitivity	100%
Specificity	91%
PPV	94%
NPV	100%

11 patients were confirmed to have solitary liver met correctly demonstrated by both modalities. 10 patients were noted to have multifocal liver mets. All were correctly diagnosed by PET. CT was only able to identify multiple lesions in the 5 patients. In 4 of these patients PET showed lesions that were not amenable to surgery. In the 5<sup>th</sup> patient laparotomy was performed. The sencond PET lesion was not found but later identified on the follow up imaging at 3 months.

There was altered patient management in 12 patients (including the extrahepatic disease results) 39%.

General comments

FDG PET greatly adds to the decision making power of the surgical oncologist.

**Citation**: Ashraf K. Colorectal carcinoma, preoperative evaluation by spiral computed tomography. Journal of the Pakistan Medical Association 2006; 56:149-153

**Design**: cross sectional prospective **Country**: Pakistan

**Aim**: to assess the capability of spiral CT in preoperative evaluation of colorectal carcinoma. (local spread, lymph node mets and liver mets).

#### **Inclusion criteria**

Patients with biopsy proven colorectal cancer undergoing surgery All patients must have had the CT scan within 1 month prior to surgery

#### **Exclusion criteria**

Patients that had previous treatment for colorectal cancer or had concurrent disease process which could result in false reading of the CT scan

#### Population

52 patients (32 male, 20 female,) mean age was 58, range 22-87

#### Interventions

Spiral CT scan, 7mm, with gastrograffin 1 radiologist reading the images not blinded to the location of the primary tumour or the biopsy result.

#### Outcomes

NPV

Accuracy

Results						
Live	r mets +	Liver mets -	total			
16		2	18			
2		32	34			
18		34	52			
vity	89% (CI					
city	94% (CI 7					
	89% (CI 6	63.9%-98.1%)				
	Liver 16 2 18 vity	Liver mets + 16 2 18 vity 89% (Cl city 94% (Cl)	Liver mets +         Liver mets -           16         2           2         32           18         34           vity         89% (Cl 63.9%-98.1%)			

94% (CI 78.9%-99.0%)

92%

**Citation**: Bartolozzi C, Donati F, Cioni D, Procacci C, Morana G, Chiesa A, Grazioli L, Cittadini G, Cittadini G, Giovagnoni A, Gandini G, Maass J, Lencioni R. Detection of colorectal liver metastases: a prospective multicenter trial comparing unenhanced MRI, MnDPDP-enhanced MRI, and spiral CT. Eur.Radiol. 2004; 14:14-20

**Design**: prospective, multi-institutional trial **Country**: Italy

**Aim**: to compare unenhanced MRI, MnDPDP-enhanced MRI and spiral CT in the detection of hepatic colorectal metastases.

#### **Inclusion criteria**

Adult patient with hepatic colorectal cancer metastasis Patient scheduled for partial hepatectomy or itra operative radio frequency thermal ablation

#### **Exclusion criteria**

Pregnant or lactating woman Severe biliary or renal insufficiency Severe hepatic dysfunction (Child class C) General contraindication to MRI Inclusion in another study 7 days prior to enrollment

#### Population

44 consecutive patients with colorectal hepatic metastases were examined with all 3 above modalities. 3 blinded readers interpreted the images

#### Interventions

- unenhanced MRI
- MnDPDP-enhanced MRI
- spiral CT

#### Outcomes

primary endpoint

Sensitivity

### Secondary outcome

- Lesion conspicuity
- quality of lesion delineation
- confidence in diagnosis

#### Results

Per patient analysis

	Liver mets +	Liver mets -	total
CT+	22	3	25
CT -	19	0	19
total	41	3	44

Sensitivity	53.6%
Specificity	NA%
PPV	88.0%
NPV	NA%
Accuracy	50.0%

	Liver mets +	Liver mets -	total
MRI +	21	2	23
MRI -	21	0	21
total	42	2	44

Sensitivity	50.0%
Specificity	NA%
PPV	91.3%
NPV	NA%

# Accuracy 47.7%

			Live	r mets +	Live	er mets -	total
MnDPI			33		2		35
MnDPDP MRI - 9			0		9		
total 42		42		2		44	
Sensit	ivity	78.	6%				
Specif	icity	NA	%				
PPV		94.	2%				
NPV		NA	%				
Accura	acy		0%				
Per les	ion ar	haly	sis				
	Live			Liver met	ts -	total	
CT+	91			3?		94	
CT -	37			0?		37	
total	128			3?		141	
Sensit	ivity	719	%				
Specif	icity	%					
PPV		%					
NPV		%					
Accura	icy	%					
	Liv	er m	ets +	Liver m	ets -	total	
MRI +	<b>Liv</b>	er m	ets +	Liver me	ets -	total	
MRI + MRI -		er me	ets +		ets -	total	
	92		ets +	2?	ets -	total	
MRI -	92 36		ets +	2? 0?	ets -	total	
MRI -	92 36 128			2? 0?	ets -	total	
MRI - total	92 36 128	}		2? 0?	ets -	total	
MRI - total Sensiti Specifi PPV	92 36 128	729 %		2? 0?	ets -	total	
MRI - total Sensiti Specifi PPV NPV	92 36 128 ivity icity	729 % %		2? 0?	ets -	total	
MRI - total Sensiti Specifi PPV	92 36 128 ivity icity	729 %		2? 0?	ets -	total	
MRI - total Sensiti Specifi PPV NPV	92 36 128 ivity icity	729 % %	%	2? 0?		er mets -	total

MnDPDP MRI +	115	2?	
MnDPDP MRI -	13	0?	
total	128	2	

# Sensitivity 90%

Specificity	%
PPV	%
NPV	%
Accuracy	%
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Lesion size	IOUS	СТ	MRI	MnDPDP MRI
<10mm	47	18(38%)	24(51%)	39(83%)
10-20mm	31	28 (90%)	24 (77%)	31(100%)
>20mm	45	45 (100%)	44 (98%)	45(100%)
All	128 (*)	91(71%)	92 (72%)	115 (90%)

\* 47+31+45 = 123 not 128. this is in all the text and tables. ??? either the 128 is a typo and all their calculations of sensitivities are based on the wrong number or one of the sums is a typo.

- MnDPDP MRI is more sensitive than both CT (P=0.0007) and unenhanced MRI (P<0.0001) in the per lesion analysis.
- In the very small lesions the sensitivity difference is even more manifest.
- In the per patient analysis MnDPDP MRI sensitivity was higher than CT (p=0.0023) and unenhanced MRI (p=0.0013).

# **General comments**

MnDPDP MRI is better than CT and unenhanced MRI.

**Citation**: Bhattacharjya S. B. Prospective study of contrast-enhanced computed tomography, computed tomography during arterioportography, and magnetic resonance imaging for staging colorectal liver metastases for liver resection. Br.J.Surg. 2004; 91:1361-1369

# **Design**: prospective **Country**: UK

**Aim**: To compare the value of contrast-enhanced CT, CT during arterioportography, and magnetic resonance imaging for staging patients with colorectal liver metastases.

# Inclusion criteria

Consecutive patients between January 1996 – December 2001 with known or suspected colorectal liver metastases.

#### **Exclusion criteria**

- Pulmonary metastases
- Intra-abdominal extrahepatic disease

All patients without evidence of extrahepatic disease on imaging underwent laparotomy.

Diagnostic laparoscopy was performed before the laparotomy in 54 patients. Suspicious nodules were biosied and sent for frozen section.confirmation of extrahepatic disease contraindicated liver resection.

- Local recurrence or metachronous primaries (all patients had colonoscopy to exclude this)
- Medical contraindications to MRI (pacemaker, claustrophobia)
- Medical contraindication to surgery

#### Population

120 patients with known or suspected colorectal liver metastases.

64 men / 56 women mean age 62 (29-74)

31 synchronous metastases – 89 metachronous metastases

85 patients had all three modalities and were finally included in the study population.

120 patients referred for consideration for resection.

120 had CT chest abdo pelvis

13 excluded after CT as either unfit for surgery or have pulmonary mets

15 do not have an MRI due to contraindications

92 have MRI.

54 of the 107 patients that had a CT and were fit for surgery proceed to have laparoscopy (as part of another study being carried out in the unit)

7 are excluded because of peritoneal mets

100 patients proceed to laparotomy, bimanual palpation and IOUS.

11 were opened and closed as they either had positive lymph nodes (4 – included in the study) or additional mets or unfavourable positioned mets.

89 patients went on to have liver resection

# Interventions

Spiral contrast-enhanced CT (dual phase)

Contrast-enhanced MRI (gadolinium)

CTAP

MRI and CTAP were performed within 3 weeks of CT.

Gold standard: intraoperative ultrasound IOUS, bimanual palpation, histology of resected specimen.

The films were reviewed by one of two consultant hepatobiliary radiologists. They were blinded to the clinical history, the surgical and the pathological findings. The IOUS was performed by surgeons competent in this imaging modality and they were aware of the pre-operative findings. The pathologist that performed the histology of the resected specimens was blinded

# Outcomes

Per lesion basis analysis

- Sensitivity
- Specificity
- Positive predictive value

Per patient basis analysis

# Results

The results for CTAP have been excluded from this summary as not relevant to our PICO.

It has also not been possible to extract all the information for the 2x2 tables but the summary diagnostic values have been presented.

#### Per lesion analysis

	Liver mets +	Liver mets -	total
CT+	176	20	196
CT -	65		
total	241		

Sensitivity	73%
Specificity	96.5%
PPV	89.8%
NPV	%
Accuracy	%

	Liver mets +	Liver mets -	total
GAD MRI+	154	22	176
GAD MRI-	34		
total	188		

Sensitivity	81.9%
Specificity	93.2%
PPV	87.5%
NPV	%
Accuracy	%

Lesion size	TOTAL	СТ	GAD MRI
<10mm	42	22 of 42 (52%)	16 of 28 (57%)
>10mm	199	154 of 199 (77.4%)	138 of 150 (92%)
All	241	176 of 241 (73%)	154 of ? (86.3%)

#### Per patient analysis

	Liver mets +	Liver mets -	total
CT+		16	
CT -	21		
total			85?

73.0%
%
%
%
Area under ROC curve 0.73

	Liver mets +	Liver mets -	total
GAD MRI+		18	103
GAD MRI-	16		
total	101		85?

Sensitivity	82%
Specificity	%
PPV	%
NPV	%
Accuracy	Area under ROC curve 0.82

# Detection of liver metastases by various imaging modalities on an individual patient basis stratified by number of lesions.

Modality	No of patients examined	No correctly identified	No understaged	No overstaged
Solitary liver met				
СТ	40	35	1	4
MRI	41	28	1	2
2 liver mets				
СТ	28	24	3	1

MRI	22	19	1	2	
3 liver mets					
СТ	16	8	4	4	
MRI	16	14	1	1	
4 liver mets					
СТ	7	4	0	3	
MRI	7	3	2	2	
5 liver mets					
СТ	2	1	1	0	
MRI	2	1	1	0	
≥ 6 liver mets					
СТ	7	1	6	0	
MRI	7	4	3	0	

Based on these results MRI is significantly superior to spiral CT (p=0.043) in staging colorectal cancer liver metastases on an individual patient basis once the number of metastases exceeds 4.

No single modality diagnosed all hepatic metastases and a multimodal imaging approach is recommended.

#### **General comments**

The diagnostic accuracy of these modalities is similar.

**Citation**: Cantwell CP, Setty BN, Holalkere N, Sahani DV, Fischman AJ, Blake MA. Liver Lesion Detection and Characterization in Patients With Colorectal Cancer: A Comparison of Low Radiation Dose Non-enhanced PET/CT, Contrast-enhanced PET/CT, and Liver MRI. J.Comput.Assist.Tomogr. 2008; 32:738-744

# **Design**: retrospective **Country**: Boston,USA

**Aim**: To compare low-radiation dose non-enhanced FDG-PET/CT, contrast-enhanced FDG-PET/CT and gadolinium-enhanced liver MRI for the detection and characterisation of liver lesions in patients with colorectal cancer.

#### Inclusion criteria

Patients with colorectal cancer who had a gadolinium-enhanced MRI within 6 weeks of the PET/CT scan. The follow up diagnosis of the liver lesion must have been established either through histology of resected specimen or through imaginf follow up of at least 6 months for lesion stability or growth. Patient should have at least 1 but no more than 10 liver lesions

Note: previous hepatic resection and previous chemotherapy was allowed.

# **Exclusion criteria**

More than 10 liver lesions (possibility of lesion overlap).

#### Population

33 non-consecutive patients (22 men, 11 women, mean age 63 years) retrospective review of imaging database of patients with colorectal cancer with suspected liver metastases from one institution in Boston Massachusetts from Jan 2004 to Dec 2005

#### Interventions

low-radiation dose non-enhanced FDG-PET/CT contrast-enhanced FDG-PET/CT gadolinium-enhanced liver MRI

Data were analysed by 2 radiologists. Patient demographic data was blinded as was clinical data. All data was interpreted in consensus.

# Outcomes

Sensitivity Specificity accuracy

# Results

# Per lesion analysis

	Liver mets +	Liver mets -	total
Gad MRI +	98	0	98
Gad MRI -	2	10	12
total	100	10	110

Sensitivity	98%
Specificity	100%
PPV	100%
NPV	83%
Accuracy	98%

	Liver mets +	Liver mets -	total
PET CT+	85	0	85
PET CT -	15	10	25
total	100	10	110

Sensitivity	85%
Specificity	100%
PPV	100%
NPV	40%
Accuracy	86%

<b>[</b>	Liver mets +	Liver mets -	total
Ne PET CT+	67	4	71
Ne PET CT -	33	6	39
total	100	10	110

Sensitivity	67%
Specificity	60%
PPV	94%
NPV	15%
Accuracy	66%

- No statistical significant difference in lesion detection was found between enhanced PET CT and MRI.
- Both PET CT and MRI had a higher detection rate than non-enhanced PET-CT.
- For lesion characterisation MRI was significantly more accurate than PET CT enhanced and non-enhanced. In turn enhanced was better than non-enhanced PET-CT.

#### **General comments**

Contrast enhanced PET CT is better than unenhanced PET CT. MRI and contrast enhanced PETCT are comparable in their detection rate MRI is better than contrast enhanced PETCT with regard to lesion characterization. **Citation**: Chua SC, Groves AM, Kayani I, Menezes L, Gacinovic S, Du Y, Bomanji JB, Ell PJ. The impact of F-18-FDG PET/CT in patients with liver metastases. European Journal of Nuclear Medicine and Molecular Imaging 2007; 34:1906-1914

#### **Design**: retrospective **Country**: UCLH London, UK

**Aim**: To assess the performance of PETCT versus contrast enhanced CT in the detection of colorectal liver disease.

#### Inclusion criteria

All patients that presented to one institution with suspected metastatic disease who underwent both PETCT and CT within 6 weeks of each other were retrospectively analysed covering a 5 year period.

#### **Exclusion criteria**

#### Population

131 patients
67 men, 64 women
mean age 62 (range 30-85 years)
75 had primary CRC
56 had other malignancies
patients were either pre chemotherapy or minimum 6 weeks post chemo

#### Interventions

CECT (contrast enhanced CT) FDG PET CT

#### Outcomes

Sensitivity, specificity, PPV, NPV Subgroup analysis for those patients that had undergone chemotherapy (as this has the potential to alter the PET CT results

#### Results

Colorectal malignancy results only

#### Per patient analysis

	Liver mets +	Liver mets -	total
PET CT+	63	2	65
PET CT -	4	6	10
total	67	8	75

Sensitivity	94% (CI 85%-98%)
Specificity	75% (CI 34%-96%)
PPV	97% (Cl 89%-99%)
NPV	60% (CI 26%-87%)
Accuracy	%

	Liver mets +	Liver mets -	total
ceCT+	61	6	67
ceCT -	6	2	8
total	67	8	75

Sensitivity	91% (CI 81%-96%)
Specificity	25% (CI 3%-65%)
PPV	91% (CI 81%-96%)
NPV	25% (CI 3%-65%)
Accuracy	%

# Subgroup analysis for patients that had and didn't have chemotherapy prior to PETCT scanning.

Sensitivity -chemo	89% (CI 51%-99%)
Sensitivity – no chemo	95% (Cl 85%-98%)

Specificity - chemo	100% (CI 29%-100%)
Specificity – no chemo	60% (Cl 14%-94%)
PPV - chemo	100% (CI 63%-100%)
PPV –	97% (CI 87%-99%)
no chemo	, , ,
NPV - chemo	75% (Cl 19%-99%)
NPV –	50% (CI 11%-88%)
no chemo	, , ,
Accuracy	%

Chemotherapy did not statistically significantly impact on the diagnostic accuracy of FDG PET CT p=0.178

# **General comments**

FDG PETCT is more accurate than ceCT in the detection of metastatic liver disease both from colorectal cancer and from other malignancies. (only colorectal results presented here.)

When the detection of extrahepatic disease was also taken into account there was a change in management from the use of PETCT of about 25% (33 patients).

<b>Citation</b> : Coenegrachts K, De GF, ter BL, Walgraeve N, Bipat S, Stoker J, Rigauts H. Comparison of MRI (including SS SE-EPI and SPIO-enhanced MRI) and FDG-PET/CT for the detection of colorectal liver metastases. Eur.Radiol. 2009; 19:370-379				
Design: pprospective Country: Belgium and the Netherlands				
<b>Aim</b> : To prospectively compare the FDG-PET/CT and MRI in 24 consecutive patients suspected of having colorectal liver metastases.				
Inclusion criteria USS shows new non-cyctic focal lesion And / or CEA >3.4ng/ml for non-smokers, >4.3 ng/ml for smokers ALT>41 U/L for males, >31 U/L for females ALP >129 u/l And /or bilirubin >1.2mg/dl Time interval between MRI and FDG PET/CT was at most 3 weeks.				
Note: patients that had previously received chemotherapy for their colorectal malignancy were included including those in which the treatment was within a month of the PET.				
Exclusion criteria Contraindications to MRI e.g. pacemaker,metalic implants				
Population 14 men, 10 women with suspected colorectal cancer liver metastases mean age 65.3 +/- 10.8 years consecutive presentation between Oct 2005-Jan 2008				
Interventions FDG-PET/CT MRI All patient data were blinded. Blinded evaluations were done by 2 radiologists independently. In case of disagreement a consensus opinion was reached.				
Reference standard: for lesions that were operated on intraoperative ultrasound scan and the histology result For lesions that were not operated on follow up was with repeat MRI.				
Outcomes Sensitivity (per lesion and per patient analysis) Positive Predictive Value PPV (per lesion and per patient analysis)				
Results				
Liver mets +         Liver mets -         total           EPI MRI+         24         0         24           EPI MRI-         0         0         0           total         24         0         24				
Sensitivity100%SpecificitynaPPV100%NPVnaAccuracy100%				
Liver mets +         Liver mets -         total           SPIO MRI +         24         0         24           SPIO MRI -         0         0         0           total         24         0         24				
Sensitivity100%SpecificitynaPPV100%				

NPV	na
Accuracy	100%

	Liver mets +	Liver mets -	total
PET CT +	23	0	23
PET CT -	1	0	1
total	24	0	24

Sensitivity	96%
Specificity	na
PPV	100%
NPV	na
Accuracy	96%

**Per lesion analysis** MRI and PETCT concordant in 9 patients

MRI identified more liver mets than PETCT

	Liver mets +	Liver mets -	total
EPI MRI+	77	0	77
EPI MRI -	0	0	0
total	77	0	77

Sensitivity	100%
Specificity	na
PPV	100%
NPV	na
Accuracy	100%
Accuracy	100%

	Liver mets +	Liver mets -	total
SPIO MRI +	69	0	69
SPIO MRI -	8	0	8
total	77	0	77

Sensitivity	90%
Specificity	na
PPV	100%
NPV	na
Accuracy	90%

	Liver mets +	Liver mets -	total
PET CT +	47	0	47
PET CT -	30	0	30
total	77	0	77

Sensitivity	61%
Specificity	na
PPV	100%
NPV	na
Accuracy	61%

**Citation**: Kim HJ, Kim KW, Byun JH, Won HJ, Shin YM, Kim PN, Lee MS, Lee MG. Comparison of mangafodipir trisodium- and ferucarbotran-enhanced MRI for detection and characterization of hepatic metastases in colorectal cancer patients. AJR.American journal of roentgenology. 2006; 186:1059-1066

**Design**: block randomisation trial **Country**: South Korea

**Aim**: to evaluate the validity of mangafodipir trisodium versus ferucarbotran-enhanced MRI in the detection and characterisation of hepatic lesions in colorectal cancer patients.

#### **Inclusion criteria**

Patients known to have or suspected of having hepatic metastases form colorectal cancer on the basis of prior helical CT examinations

Patients scheduled to have laparotomy for their hepatic mets or an intervention such as ablation.

#### **Exclusion criteria**

Multiple (>5) hepatic metastases on CT Known contraindications to MRI (pacemaker or aneurysm clip)

#### Population

41 patients

48 patients between June 2003 – Feb 2004 enrolled. 7 patients further excluded for multiple mets or histology confirming hepatocellular or chalangiocarcinoma.

### Interventions

1.5 T MRI with either

- mangafodipir trisodium (a type of liver specific contrast like gadolinium)
- ferucarbotran (a type of SPIO MRI)

# Outcomes

#### Results

#### PER LESION ANALYSIS

	Liver mets +	Liver mets -	total
MT MRI +	37	2	39
MT MRI -	1	0	1
total	38	2	40

Sensitivity	97%
Specificity	NA
PPV	95%
NPV	NA
Accuracy	37/40= 93%

	Liver mets +	Liver mets -	total
SPIO MRI+	31	0	31
SPIO MRI -	1	0	1
total	32	0	32

Sensitivity	97%
Specificity	NA
PPV	100%
NPV	NA
Accuracy	31/32= 97%

**Citation**: Koh DM, Brown G, Riddell AM, Scurr E, Collins DJ, Allen SD, Chau I, Cunningham D, Desouza NM, Leach MO, Husband JE. Detection of colorectal hepatic metastases using MnDPDP MR imaging and diffusion-weighted imaging (DWI) alone and in combination. Eur.Radiol. 2008; 18:903-910

#### Design: prospective

Country: Royal Marsden Oncology Hospital, UK

Aim: To compare the diagnostic accuracy of MnDPDP MRI and diffusion weighted MRI alone and in combination.

#### Inclusion criteria

Consecutive patients with suspected colorectal liver metastatic disease

Pathologically proven adenocarcinoma of the colon or rectum

At least one liver lesion detected on CT scan or ultrasound that was diagnostic or suspicious of liver metastasis Patients candidates for liver resection (i.e disease sparing at least two contuguous liver segments)

#### Exclusion criteria

Contraindication to MRI

Previous history of other malignancies.

In 5 patients no metastatic disease was diagnosed on MRI nor at follow up hence these patients were excluded from the analysis.

#### Population

38 consecutive patients originally referred for consideration into the study

5 patients had no evidence of metastatic disease at MRI or follow up so they were excluded.

33 patients were the final study population.

23 males, 10 females.

Mean age 57 years old (range 45-67)

#### Interventions

- MnDPDP MRI (liver contrast MRI)
- DWI MRI (diffusion weighted imaging)

DWI is sensitive to the molecular diffusion of water in biological tissues and recent advancements have enabled high quality DWI images of the liver to be obtained. Breath-hold single shot echo planar diffusion weighted (SS-EPI-DWI) MRI has been shown to be superior to SPIO liver contrast enhanced MRI.

• The combination of both MnDPDP and DWI MRI

#### Outcomes

ROC curve analysis with summary sensitivity and specificity.

# Results

Average sensitivity and specificity from two observers reading the images of the different modalities.

	Sensitivity	specificity
MnDPDP MRI	81.3%	93%
DWI MRI	78.3%	95%
MnDPDP + DWI MRI	92.2%	97%

	Accuracy as Area under curve from observer 1	Accuracy as Area under curve from observer 2		
MnDPDP MRI	Az=0.92 (0.86-0.96)	Az=0.88 (0.82-0.93)		
DWIMRI	Az=0.83 (0.76-0.89)	Az=0.90 (0.84-0.95)		
MnDPDP + DWI MRI	Az 0.94 (0.89-0.98)	Az=0.96 (0.91-0.99)		

There was no significant difference in the averaged sensitivities between MnDPDP and DWI For the combined MnDPDP + DWI the sensitivity was better compared to MnDPDP (p=0.01) And there was a trend of improved sensitivity compared to DWI (p=0.06)

Accuracy was good but significantly improved for observer 2 who was more experienced in reading DWI images.

# **General comments**

Combination of MnDPDP and DWI improved sensitivity without loss of specificity.

**Citation**: Kong G, Jackson C, Koh DM, Lewington V, Sharma B, Brown G, Cunningham D, Cook GJR. The use of F-18-FDG PET/CT in colorectal liver metastases-comparison with CT and liver MRI. European Journal of Nuclear Medicine and Molecular Imaging 2008; 35:1323-1329

# Design: Retrospective

Country: Royal Marsden, UK

**Aim**: to compare FDG-PET/CT with liver MRI (Mn-DPDP) for the presence and number of liver metastases in patients with colorectal liver metastases being considered for surgery.

#### Inclusion criteria

Patients that had colorectal cancer and known or suspicion of liver mets that were thought operable from 2004-2006

Had PETCT and MRI with median time between studies <1month

#### **Exclusion criteria**

Patients with chemotherapy <3months before PETCT (lesions that are responding to treatment wont be detected on PET.

#### Population

65 patients (42 men) median age 65 years with colorectal cancer and known or suspicion of liver metastases retrospective identification of patients from 2004-2006 that presented to the Royal Marsden Hospital

#### Interventions

PETCT

MRI (Mn-DPDP)

Proof of metastases in the lesions operated came from histopathology reports or for those not operated from follow up MRI.

#### Outcomes

Per patient and per lesion analysis Sensitivity Specificity False positives

#### Results

#### Per patient analysis:

	Liver mets +	Liver mets -	total
MnDPDP MRI+	60	0	60
MnDPDP MRI -	1	4	5
total	61	4	65

	Mn-DPDP MRI
Sensitivity	98%
Specificity	100%

	Liver mets +	Liver mets -	total
PET CT+	60	0	60
PET CT -	1	4	5
total	61	4	65

	PET CT	
Sensitivity	98%	
Specificity	100%	

#### Per lesion analysis

	Liver mets +	Liver mets -	total
MnDPDP MRI+ MnDPDP MRI -		0	163
		6	8
	165	6	171
Mr	n-DPDP MRI		
99	%		
10	0%		
	<b>M</b> r 99	l+ 163 l- 2	I+         163         0           I-         2         6           165         6           Mn-DPDP MRI         99%

	Liver mets +	Liver mets -	total
PET CT+	155	0	155
PET CT -	10	6	16
total	165	6	171

	PETCT
Sensitivity	94%
Specificity	100%

MRI and PETCT Concordant 85% of lesions MRI and PETCT Discordant 15% of lesions MRI detected total 30 lesions / mean 3.8 per patient PETCT detected 20 lesions / mean 2.5 per patient The lesions not detected by PETCT were all <1cm apart from 1 PETCT correctly identified more mets than MRI in 1 case and confirmed mets in an equivocal MRI lesion.

#### **General comments**

PETCT has high sensitivity and specificity for the presence of liver metastases and should be included early in the initial pre surgical evaluation and could potentially guide the use of MRI. However MRI is superior for small liver mets and remains a prerequisite for surgical planning in patients with confined liver mets.

**Citation**: Liu YN, Huang MX, An Q, Wei JM. The Impact of PET/CT on Therapeutic Strategy of Patients with Colorectal Cancer Metastasis. Hepatogastroenterology. 2009; 56:968-970

# **Design**: prosepctive **Country**: China

Aim: to assess the impact of the PETCT on the therapeutic strategy of patients with colorectal cancer metastases.

#### Inclusion criteria

Patients that had suspicion of liver metastases on CT scan and CEA after resection for colorectal cancer.

#### **Exclusion criteria**

#### Population

15 patients that all had contrast enhanced CT scan and CEA and had suspicion of liver metastasis 7 men, 8 women

Interventions Contrast enhanced CT PET CT

# Outcomes

Sensitivity Specificity Change in therapeutic management

#### Results

	Liver mets		ets +	Liver me	ets -	total	
PETCT+		5 patien	ts	0		5 patients	
		9 lesion	s			9 lesions	
PETC	Г-	0		10 patier	nts	10 patients	s
total		5 patien	ts	10 patier	nts	15 patients	s/
		9 lesion	s			9 lesions	
				•		•	
		PETC	:T				
Sensit	ivitv	100%					
Specificity		100%					
opcomony			·				
	1.1.1.				4 - 4 - 1		
		er mets ·		er mets -	tota		
CT+		atients	0		4 pa	tients	
	6le	sions			6 les	sions	
					0.00	lionio	
CT -	CT - 1 pati		10	patients	11pa	atients	
		sions			3 les		
total	5 p	atients	10	patients	15 p	atients /	
	9 İe	esions		-	9 les	sions	

	PETCT
Sensitivity	80%
Specificity	100%

PET CT is statistically more sensitive than CT p=0.0009 - SIGNIFICANT

#### **General comments**

PETCT is more sensitive than contrast enhanced CT in detecting liver metastases from colorectal cancer. Taking into account the extrahepatic disease as well the results of which are not presented in this review there is a change in therapeutic strategy in 40% of patients based on the results of the PETCT.

**Citation**: Nanashima A, Taheshita H, Sawai T, Sumida Y, Abo T, Tanaka K, Nonaka T, Sengyoku H, Hidaka S, Yasutake T, Nagayasu T. Preoperative Assessment of Liver Metastasis Originating from Colorectal Carcinoma: Is Super Paramagnetic Iron Oxide Particles-Magnetic Resonance Imaging (SPIO-MRI) Useful for Screening? Hepatogastroenterology. 2008; 55:1750-1753

# **Design**: retrospective **Country**: Japan

**Aim**: To retrospectively examine the accuracy of diagnosis for metastatic lesions per patient and per lesion by enhanced CT and SPIO-MRI in one institution in Japan over a 7 year period.

#### Inclusion criteria

Data of 47 consecutive patients with metastatic liver carcinoma who underwent hepatectomy between 2000 and June 2007 were collected retrospectively. During this period enhanced CT and SPIO-MRI were performed routinely 2 weeks before hepatic resection.

The reference standard was intraoperative ultrasound scan or palpation and histological findings in the resected specimen.

#### **Exclusion criteria**

#### Population

32 male, 15 female, mean age 61.4 years (24-85)
10 synchronous liver metastases (same time as primary colorectal tumour)
35 metachronous liver metastases

#### Interventions

Enhanced CT (dual phase multi detector) SPIO-MRI

# Outcomes

Accuracy Sensitivity Positive predictive value Negative predictive value

#### Results

Per patient analysis: 40 of 47 patients with liver metastases were accurately diagnosed by both modalities. Sensitivity 85% CT and SPIO-MRI Positive predictive value 100% CT and SPIO-MRI Negative predictive value 100% CT and SPIO-MRI The 7 patients that were missed had small liver metastases 5-8mm.

#### Per lesion analysis

Comparison of diagnosis of liver metastases between enhanced CT and SPIO-MRI in patients with liver metastases undergoing liver resection.

		Histology	Histology
		Liver mets (-)	Liver mets (+)
Enhanced CT	Liver mets (-)	15	3
Enhanced CT	Liver mets (+)	18	92
SPIO-MRI	Liver mets (-)	17	1
SPIO-MRI	Liver mets (+)	12	98

	Enhanced CT	SPIO-MRI
Sensitivity	92/110 (84%)	98/110 (89%) p=0.32
Positive predictive value PPV	92/92 (99%)	98/99 (99%)
Negative predictive value NPV	15/18 (83%)	17/18 (94%) p=0.6

Undetectable liver mets by CT in 18 lesions included 4 lesions of 5mm, 5 of 6mm, 5 of 7mm, 3 of 8mm, 1 of 9mm. Undetectable liver mets by SPIO-MRI in 12 lesions included 4 lesions of 5mm, 4 of 6mm, 2 of 7mm, 2 of 8mm.

# Conclusions

Undetectable cases had small tumours less than 8mm

In the per lesion analysis SPIO-MRI appears superior to CT but this is not statistically significant. In the per-patient analysis there was no difference between the two modalities.

#### **General comments**

**Citation**: Orlacchio A, Schillaci O, Fusco N, Broccoli P, Maurici M, Yamgoue M, Danieli R, D'Urso S, Simonetti G. Role of PET/CT in the detection of liver metastases from colorectal cancer. Radiol.Med.(Torino). 2009; 114:571-585

**Design**: prospective **Country**: Italy

**Aim**: to compare the diagnostic accuracy of FDG PET versus CT verus PET-CT in the detection of liver metastases during tumour staging in patients suffering from colorectal cancer for the purposes of correct surgical planning and follow up.

#### Inclusion criteria

#### **Exclusion criteria**

#### Population

467 patients from April 2005 to Dec 2007. With diagnosis of colorectal cancer and suspected liver metastases. 301 men, 166 women mean age 64.4 +/-10.2 years

#### Interventions

CT FDG PET

PET CT

# Outcomes

#### Results

426 cases (91.2%) there was concordance among the three modalities

	Liver mets +	Liver mets -	total
CT+	336	6	342
CT -	30	95	125
total	366	101	467

Sensitivity	91.07% (CI 88.02%-94.12%)
Specificity	95.42% (CI 91.84%-99.0%)
PPV	98.08% (CI 96.55%-99.6%)
NPV	80.65% (CI 74.43%-86.86%)
Accuracy	92.29% (CI 89.87%-94.71%)

	Liver mets +	Liver mets -	total
PET+	336	11	347
PET -	20	100	120
total	356	111	467

Sensitivity	94.05% (Cl 91.52%-96.58%)
Specificity	91.6% (CI 86.85%-96.35%)
PPV	96.64% (CI 94.68%-98.59%)
NPV	85.71% (CI 79.92%-91.51%)
Accuracy	93.36% (CI 91.10%-95.62%)

	Liver mets +	Liver mets -	total
PETCT+	336	3	339
PETCT -	7	121	128
total	343	124	467
	•	•	-

Sensitivity	97.92% (CI 96.39%-99.44%)
Specificity	97.71% (CI 95.15%-100%)
PPV	99.10% (CI 98.08%-100%)

NPV 9	94.81% (CI 91.07%-98.56%)
Accuracy 9	97.86%(CI 96.55%-99.17%)

There is statistically significant difference between the sensitivity, specificity and accuracy of PET CT v PET (P<0.05). There is also statistically significant difference between the sensitivity and accuracy of PET CT v CT (P<0.05). There is no difference between PET and CT.

#### **General comments**

PET CT offers excellent diagnostic performance. It may modify a patients treatment protocol. The all in one examination may lead to considerable cost savings.

**Citation**: Rappeport ED, Loft A, Berthelsen AK, von der Recke P, Larsen PN, Mogensen AM, Wettergren A, Rasmussen A, Hillingsoe J, Kirkegaard P, Thomsen C. Contrast-enhanced FDG-PET/CT vs. SPIO-enhanced MRI vs. FDG-PET vs. CT in patients with liver metastases from colorectal cancer: A prospective study with intraoperative confirmation. Acta Radiol. 2007; 48:369-378

# **Design**: prospective **Country**: Denmark

**Aim**: To compare PET/CT with SPIO-MRI, PET, CT in the detection of liver metastases and extrahepatic tumour from colorectal cancer.

#### Inclusion criteria

#### **Exclusion criteria**

Diabetes Contraindications to MRI imaging Timing of imaging not feasible before surgery Extrahepatic metastases confirmed on histology

#### Population

35 consecutive patients with suspected liver metastases from colorectal cancer patients referred between March 2004 and Nov 2005 for surgery for suspected or verified mets 16 men, 19 women median age 62 (range 33-74)

# Interventions

PET/CT SPIO-MRI PET CT

Readers of the imaging studies were blinded to the results of other imaging studies but were informed of the date for the primary colorectal cancer surgery.

Reference standard was intraoperative ultrasound scan and histological result of the resected specimen.

# Outcomes

Sensitivity (true positives/[true positives+false negatives] Specificity (true negatives/[true negatives+false positives] Accuracy (true positives +true negatives)/all lesions Positive predictive value PPV(true positives/[true positives +false positives]) Negative predictive value NPV (true negatives /[true negatives+false negatives])

# Results

#### Per patient

	Liver mets +	Liver mets -	total
CT+	28	2	30
CT -	0	1	1
total	28	3	31

Sensitivity	100% (CI %)
Specificity	33% (CI %)
PPV	93% (CI %)
NPV	100% (CI %)
Accuracy	94% (CI %)

		Liver mets +	Liver mets -	total
PEI+ 23 0 23	PET+	<b>PET+</b> 23	0	23

[	PET -	5	3	8
	total	28	3	31

Sensitivity	82% (CI %)
Specificity	100% (CI %)
PPV	100% (CI %)
NPV	38% (CI %)
Accuracy	84% (CI %)

	Liver mets +	Liver mets -	total
PETCT+	26	0	28
PETCT -	2	3	3
total	28	3	31

Sensitivity	93% (CI %)
Specificity	100% (CI %)
PPV	93% (CI)
NPV	100% (CI %)
Accuracy	94%

	Liver mets +	Liver mets -	total
SPIO MRI+	28	2	30
SPIO MRI -	0	1	1
total	28	3	31

Sensitivity	100% (CI %)
Specificity	33% (CI%)
PPV	93% (CI%)
NPV	100% (CI%)
Accuracy	94

# Per lesion analysis

	Liver mets +	Liver mets -	total
CT+	43	25	68
CT -	28	50	78
total	71	75	146

61% (CI %)
67% (CI %)
72% (CI %)
86% (CI %)
77% (CI %)

	Liver mets +	Liver mets -	total
PET+	38	1	39
PET -	33	74	107
total	71	75	146

54% (CI %)
99% (CI %)
97% (CI %)
69% (CI %)
77% (CI %)

	Liver mets +	Liver mets -	total
PETCT+	47	1	48
PETCT -	24	74	98
total	71	75	146

Sensitivity	66% (CI %)
Specificity	99% (CI %)
PPV	98% (Cl %)
NPV	76% (CI %)

Accuracy	83% (CI %)
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	Liver mets +	Liver mets -	total
SPIO MRI+	58	14	72
SPIO MRI -	13	61	74
total	71	75	146

Sensitivity	82% (CI %)
Specificity	81% (CI %)
PPV	81% (CI %)
NPV	82% (CI %)
Accuracy	82% (CI %)

Both CT and SPIO MRI were significantly more sensitive than PET alone. P<0.0001, p<0.0001 respectively and PET CT p<0.001, p<0.05 respectively.

There was no difference between SPIO MRI and CT

All modalities were more sensitive in detecting liver metastases larger than 1cm compared to liver metastases of up to 1cm. Of the 19 liver metastases that were less than 1cm in size PET diagnosed 1, PETCT 5, SPIO MRI 10 and CT 13.

There were four patients that had chemotherapy less than 1 month prior to PETCT. Even when these patients were excluded from the analysis CT and SPIO were significantly more sensitive than PET. (p=0.001)

#### **General comments**

PET alone was significantly less sensitive than CT and SPIO MRI in the detection of LM. This is in contradiction to the conclusions from meta-analyses. Only some of the studies reported in the meta-analysis reported lesion by lesion sensitivity.

PET CT equaled MRI imaging in accuracy for liver metastasis detection.

**Citation**: Regge D, Campanella D, Anselmetti GC, Cirillo S, Gallo TM, Muratore A, Capussotti L, Galatola G, Floriani I, Aglietta M. Diagnostic accuracy of portal-phase CT and MRI with mangafodipir trisodium in detecting liver metastases from colorectal carcinoma. Clin.Radiol. 2006; 61:338-347

# **Design**: prospective **Country**: Italy

**Aim**: to compare the diagnostic accuracy of single section spiral CT and MRI with and without tissue specific contrast agent MnDPDP in the detection of colorectal liver metastases.

# Inclusion criteria

Consecutive patients referred to one institution undergoing surgery for primary and / or metastatic colorectal cancer.

>18 years of age

Histologically confirmed diagnosis of CRC

Surgical indication for either resection of the primary and/or liver resection of metastases according to colonoscopy and CT chest/abdo

Life expectancy of at least 12 weeks Normal renal function (creatinine <1.5mg/dl)

# **Exclusion criteria**

Pregnancy or lactation Contraindication to CT, MRI, laparoscopic surgery CT-MRI interval > 4 weeks CT or MRI imaging of poor quality due to movement artefact

# Population

125 consecutive patients from one institution considered (Dec 2000-Mar 2003)
61 men (48.8%)
Median age 64.4 (41-86)
82/125 had resection of primary
19/82 also had synchronous metastases
43/125 had resection of metachronous metastases
19/125 had received neoadjuvant chemotherapy prior to inclusion in the study.

# Interventions

Dual phase spiral single section CT with contrast. (Triple phase (delayed phase – done only when required by radiologist to differentiate between slowly filling haemangioma and metastasis.)

MRI with and without MnDPDP contrast.

**Reference Standard**: IOUS combined with palpation and surgical inspection together with histopathologic reliefs (intra operative frozen section histology when needed and histology on resected specimens).

2 radiologists assessed CT images and 2 the MRI images. Disagreement between readers was resolved by consensus re-evaluation. The readers were aware that the patient had CRC but were unaware of the result of other investigations and of the other readers. IOUS was performed by 1 of 2 radiologists and they were aware of the results of the CT and MRI.

# Outcomes

Primary outcome

• sum of TP, sum of TN for all patients for CT, unenhanced MRI, MnDPDP MRI (per patient analysis)

TP = when the procedure detected the same metastases as the reference standard TN = when the procedure correctly diagnosed no metastases.

Secondary outcome

- Sensitivity / specificity per patient basis
- Sensitivity / PPV per lesion basis

- The level of diagnostic confidence
- Inter-observer agreement

Per-patient basis analysis definitions

Sensitivity = number of TP cases / number of patients with at least one metastasis.

Specificity = number of TN cases / all cases in whom the reference standard did not detect any metastases.

#### Results

- MnDPDP MRI is more accurate than CT on a per patient basis. There is no difference between CT and MRI and only a trend of higher accuracy for MnDPDP MRI compared to unenhanced MRI.
- MnDPDP MRI has a significantly higher sensitivity on a per lesion basis than both CT (OR 2.6; 95% CI 1.44, 4.92) and unenhanced MRI (OR 2.1; 95% CI 1.11, 3.84). (multiple logistic model accounting for lesion dimensions and intra-patient variability)
- Kappa for inter-observer variability was 0.85 for CT, 0.77 for both enhanced and unenhanced MRI. Overall Kappa was 0.75 suggesting excellent agreement.
- Diagnostic confidence levels have not been included in this evidence table as not a relevant outcome to our PICO.
- No serious side effects were reported from any of the investigations.

	СТ	MRI	MnDPDP MRI	CT v MRI	CT v MnDPDP MRI	MRI v MnDPDP MRI
Per patient analysis						
Accuracy	91/125(72.8%)	98/125(78.4%)	103/125(82.4%)	p=0.071	p=0.005	P=0.059
Sensitivity	30/62(48.4%)	36/62(58.1%)	41/62(66.1%)	p=0.083	p=0.004	p=0.059
Specificity	61/63(96.8%)	62/63(98.4%)	62/63(98.4%)			
Per lesion analysis						
Sensitivity	137/191(71.7%)	143/191(74.9%)	158/191(82.7%)			
Sensitivity per lesion size						
≤ 10mm	31/65(47.7%)	35/65(53.8%)	44/65(67.7%)			
11-20mm	39/53(73.6%)	40/53(75.5%)	46/54(86.8%)			
>20mm	67/73(91.8%)	68/73(93.2%)	68/73(93.2%)			
PPV	137/163(84%)	143/149(96%)	158/165(95.8%)			

#### Per patient analysis

	Liver mets +	Liver mets -	total
MnDPDP MRI+	41	1	42
MnDPDP MRI -	21	62	83
total	62	63	125

98.4%
97.6%
74.7%
82.4%

	Liver mets +	Liver mets -	total
MRI+	36	1	37
MRI -	26	62	88
total	62	63	125

Sensitivity	58.1%
Specificity	98.4%
PPV	97.3%
NPV	70.5%
Accuracy	78.4%

	Liver mets +	Liver mets -	total
CT+	30	2	32
CT -	32	61	93

total 62	63	125
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48.4%
96.8%
94%
66%
72.8%

There was no difference between CT and MRI

MnDPDP MRI was more accurate and more sensitive than CT

There was a higher accuracy and sensitivity tendency for MnDPDP MRI v unenhanced MRI but not statistically significant.

#### Per lesion analysis

	Liver mets +	Liver mets -	total
MnDPDP MRI+	158	7	165
MnDPDP MRI -	33	67	100
total	191	74	265

Sensitivity	82.7%
Specificity	90.5%
PPV	95.8%
NPV	67.0 %
Accuracy	84.9%

	Liver mets +	Liver mets -	total
MRI+	143	6	149
MRI -	48	68	116
total	191	74	265

Sensitivity	74.9%
Specificity	91.9%
PPV	96%
NPV	58.6%
Accuracy	79.6%

	Liver mets +	Liver mets -	total
CT+	137	26	163
CT -	54	48	102
total	191	74	265

Sensitivity	71.7%
Specificity	64.9%
PPV	84%
NPV	47.1%
Accuracy	69.8%

CT and unenhanced MRI showed no difference in sensitivity in the per lesion analysis (OR 1.3, CI 0.73-2.27) The sensitivity of MnDPDP MRI was significantly higher than both CT (OR 2.6 CI 1.44-4.92), and unenhanced MRI (OR 2.1 CI 1.11-3.84)

#### **General comments**

On a per patient basis MnDPDP MRI is significantly more accurate and sensitive than CT in the detection of colorectal liver metastases. Specificity was similar. However MnDPDP MRI failed to be more accurate and sensitive than unenhanced MRI for both comparisons. There was no difference between CT and unenhanced MRI.

<b>Citation</b> : Ruers TJM. Improved selection of patients f FDG PET: A randomized study. J.Nucl.Med. 2009; 50		ectal liver metastases with 18F-
<b>Design</b> : randomised phase III multicentre trial <b>Country</b> : the Netherlands		
Aim: to investigate whether the addition of FDG PET colorectal liver metastases is beneficial and reduces t		
Inclusion criteria Histologically documented colorectal cancer treated b 1-4 suspected potentially resectable liver metastases No evidence of extrahepatic metastatic disease (exce No evidence of recurrent or second colorectal carcino WHO performance status of 0-2 Age 18 - 75	ept up to a maximum of 2 re	
<b>Exclusion criteria</b> Previous malignancies (except in situ carcinoma of th where there had been a disease-free interval of at lea Liver dysfunction (bilirubin, ALP x3 times upper limit if Active infection Poorly regulated diabetes mellitus	st 10 years)	ancer of the skin, or a cancer
<b>Population</b> 150 patients with colorectal liver metastases selected Multicentre Between May 2002 and February 2006.	for surgical treatment by (	СТ
Interventions FDG PET and CT Versus CT only		
Outcomes Primary Number of futile laparotomies (defined as any laparoto revealed benign disease, or that did not result in disea Secondary Disease-free survival (DFS) Overall survival (OS)		
Results Futile laparotomies		
Variable	Control arm (no PET) n=75	Experimental arm (PET) n=75
No laparotomy	0	5 (7%)
Confirmed benign disease	-	2
Confirmed extrahepatic disease	-	3
laparotomy	75 (100%)	70(93%)
Futile laparotomy	34 (45%)	21(28%)
Extra hepatic disease at laparotomy – not resectable	6	2
Too extensive liver disease at laparotomy – not resectable	8	3
Benign disease at laparotomy	3	2
Benign disease after resection	1	1
Disease recurrence in <6 months	16	13

- A significantly higher proportion of patients underwent futile laparotomies in the control-no PET arm than in the experimental arm (45% v 28%) p=0.042
- The relative risk reduction was 38% (CI 4%-60%)
- The absolute difference of 17% means that 6 patients need to undergo PET to avoid 1 futile laparotomy.
- Futile laparotomy was not found to be associated with other prognostic factors as measured by the Fong score (p=0.539)

# Survival

All patients were followed up for at least 3 years after randomization. For all patients randomized

3 year survival	Control arm (no PET)	Experimental arm (PET)
Overall survival OS	65.8%	61.3%
Disease free survival DFS	29.8%	35.5%

Both OS and DFS were not significantly different between the experimental and the control groups.

#### **General Comments:**

The introduction of PET in the preoperative work up of patients with suspected liver metastases from colorectal cancer significantly reduces the number of futile laparotomies due to unexpected unresectable disease.

Citation: Schwartz L, Brody L, Brown K, Covey A, Tuorto S, Mazumdar M, Riedel E, Jarnagin W, Getrajdman G, Fong Y. Prospective, blinded comparison of helical CT and CT arterial portography in the assessment of hepatic metastasis from colorectal carcinoma. World J.Surg. 2006; 30:1892-1901

#### Design: prospective

Country: Memorial Sloan Kettering Cancer Centre - USA

Aim: To compare helical CT with helical CT with arterial portography aimed at detecting liver metastases from colorectal carcinoma.

Cannot obtain 2X2 table as only ROC curve presented.

#### Inclusion criteria

#### **Exclusion criteria**

Patients with evidence of extrahepatic disease on imaging (37 patients)

#### Population

87 consecutive patients between April 1999 and April 2001 with suspected colorectal liver metastases . all imaging done at a single institution no evidence of extrahepatic disease (final population analysed n=50)

#### Interventions

Helical CT

Helical CTAP - results not presented as not relevant to PICO

#### Outcomes

Sensitivity from ROC curve

#### Results

Only CT results are presented as they are relevant to the PICO.

	CT using cutt-off 1	CT using cutt-off 2
	0-1 benign 2-3-4 malignant	0-1-2 benign 3-4 malignant
Sensitivity	76%	69%
Specificity	56%	82%
PPV	61%	78%
NPV	73%	75%
Accuracy	65%	76%

<b>Citation</b> : Selzner MK, Hany TF, Wildbrett P, McCormack L, Kadry Z, Clavien PA. Does the novel PET/CT imaging modality impact on the treatment of patients with metastatic colorectal cancer of the liver? Ann.Surg. 2004; 240:1027-1036
Design: prospective Country: Switzerland
<b>Aim</b> : To compare the diagnostic value of contrast enhanced CT with that of FDG PETCT in patients with metastatic colorectal cancer to the liver.
<b>Inclusion criteria</b> All patients referred for consideration for liver resection between Jan 2002 and July 2003. CT and PETCT must have occurred within 2 weeks of each other.
<b>Exclusion criteria</b> Synchronous metastatic lesions (i.e. metastatic liver disease at the same time as the primary colon cancer diagnosed)
Population         76 patients         52 men, 24 women         median age of 63 years (range 35-78)         62 patients received chemotherapy after their initial bowel resection         Median interval between chemo and PETCT = 3 months (range 7 days to 15 months)         Median follow up 16 months (range 6 months to 3 years)
Interventions Contrast enhanced CT FDG PET CT
Follow up was at 3 and 6 months for those patients that did not proceed to surgery. Separate CT radiologist and PET radiologist. Both blinded to the results of other findings.
Outcomes Primary outcome Does PETCT alter the indications for surgery compared to CT.
Secondary outcome True positive/negatives, false positive/negatives for PETCT The diagnostic ability of the modality in patients with a previous hepatectomy The influence of previous chemotherapy on the detection of tumours by PETCT
Results
Per patient analysis           Liver mets +         Liver mets -         total           CT+         63         3         66           CT -         3         7         10           total         66         10         76
Sensitivity         95%           Specificity         70%           PPV         95%           NPV         70%           Accuracy         92%
Liver mets +         Liver mets -         total           PETCT+         60         1         61           PETCT -         6         9         15           total         66         10         76
Sensitivity     91%       Specificity     90%

PPV	98%
NPV	60%
Accuracy	91%

No difference between CT and PETCT with regard to specificity p=0.58

### **General comments**

Comparable results between PETCT and CT with regard to the diagnosis of hepatic metastases. Management is latered by PETCT but purely on the identification of extrahepatic disease. PETCT is also better at diagnosing recurrent liver disease in patient with prior hepatectomy. **Citation**: Truant S, Huglo D, Hebbar M, Ernst O, Steinling M, Pruvot FR. Prospective evaluation of the impact of 18Ffluoro 2 deoxy D glucose positron emission tomography of resectable colorectal liver metastases. The British journal of surgery 2005; 92:362-369

**Design**: prospective double blind **Country**: France

**Aim**: to assess the additional value of information provided by FDG PET over that provided by CT in patients with respectable liver metastases from colorectal cancer.

#### Inclusion criteria

Oct 2001-Nov 2002 Those patients that on CT were thought to be eligible for liver resection If the PET was discordant with the CT this did not alter the decision to proceed to laparotomy.

#### **Exclusion criteria**

#### Population

All 53 patients underwent laparotomy 40 men, 13 women mean age 63, range 44-78 27 patients presented with synchronous liver metastases., 26 had metachronous liver metastases.

#### Interventions

FDG PET Helical CT, dual phase, 5mm slices, with iodinated contrast Mean time between PET and CT was 24 days (range 0-61 days) All PET scan performed within 2 months of laparotomy

#### Outcomes

#### Results

#### Per patient analysis

Unable to extract 2x2 table from descriptive statistics of the per patient analysis.

#### Per lesion analysis

	Liver mets +	Liver mets -	total
CT+	78	3	81
CT -	21	1	22
total	99	4	103

Sensitivity	79%
Specificity	25%
PPV	96%
NPV	5%
Accuracy	77%

	Liver mets +	Liver mets -	total
PET+	78	1	79
PET-	21	4	25
total	99	5	104

Sensitivity	79%
Specificity	80%
PPV	99%
NPV	16%
Accuracy	79%

#### **General comments**

Comparable results between PET and CT with regard to liver mets. Any additional lesions identified are extra hepatic

**Citation**: Vidiri A, Carpanese L, D'Annibale M, Caterino M, Cosimelli M, Zeuli M, David V, Crecco M. Evaluation of hepatic metastases from colorectal carcinoma with MR-superparamagnetic iron oxide. Journal of Experimental & Clinical Cancer Research 2004; 23:53-60

# **Design**: prospective **Country**: Italy

**Aim**: To compare the results obtained with SPIO-MRI, unenhanced MRI to that of spiral CT (does not say triple phase but I think it is) in order to select those patients suitable for liver resection.

Really difficult to make sense of their despcriptive statistics to get 2x2 table.

#### Inclusion criteria

Patients with known colorectal neoplasm who were candidates for liver resection

Exclusion criteria age <18 pregnancy and or lactation hypersensitivity to Destran's administration stage C liver cirrhosis (Child-Pugh classification) serious kidney insufficiency haematological disease with splenomegaly administration of a different contrast within 24 hours.

#### Population

35 patients , mean age 65, 20 men, 15 women, all potentially suitable for hepatic resection of metastatic lesions

#### Interventions

All patients had all the investigations. spiral CT SPIO-MRI (with body coil) unenhanced MRI

All imaging was performed within 7 days Pre and post op evaluation time period max 30 days

**Gold standard**:IOUS combined with palpation and surgical inspection together with histopathologic reliefs on resected specimens.

#### Outcomes

Sensitivity per lesion basis Change in overall decision per patient basis

#### Results

Of the 35 patients included 26 went to surgery and 9 did not (unresectable). Of the 9 unresectable cases 8 had chemo and 1 had radiofrequency ablation.

#### Of patients submitted to surgery

dimensions	No of lesions	СТ	MRI	SPIO-MRI	IOUS
	48	34	32	41	48
<1cm	13	4	2	9	13
1-2cm	14	10	10	12	14
>2cm	21	20	20	20	21

3 FP on CT

2 FP on MRI

2 FP on SPIO-MRI (same as above)

5 patients were found to have unresectable disease at operation (missed by both CT and MRIs)

2 lesions considered by CT to be mets were correctly identified by MRIs to be non-metastatic.

1 lesion identified by MRI as a met and not picked up by CT at all was not a met (angioma)

Of patients r	not op	erated	
dimensions	СТ	MRI	SPIO-MRI
	8	8	15
<1cm			4
1-2cm	2	2	5
>2cm	6	6	6

#### Per patient

In 5 cases SPIO-MRI concluded that surgery was contraindicated - the opposite to the CT conclusion (in 4 cases SPIO-MRI showed greater number of lesions per segment, in 1 case it identified the lesion as benign not metastatic).

#### **Statistics**

Kappa CT v MRI 0.9 good agreement Kappa CT v SPIO-MRI 0.59 mild agreement Kappa MRI v SPIO-MRI 0.51 mild agreement

#### Per patient analysis

	Liver mets +	Liver mets -	total
CT+	9+	3	
CT -	5		
total			35

	Liver mets +	Liver mets -	total
MRI+	9+	2	
MRI -	5		
total			35

	Liver mets +	Liver mets -	total
SPIO MRI+	9+	2	
SPIO MRI -	5		
total			35

# Per lesion analysis

	Liver mets +	Liver mets -	total
CT+	34	3	37
CT -	14		
total	48		

Sensitivity	71%
Specificity	%
PPV	%
NPV	%
Accuracy	%

	Liver mets +	Liver mets -	total
MRI+	32	2	34
MRI -	16		
total	48		

Sensitivity	66.6%
Specificity	%
PPV	%
NPV	%
Accuracy	%

	Liver mets +	Liver mets -	total
SPIO MRI+	41	2	43
SPIO MRI -	7		
total	48		
	•	•	
Consitivity	05 40/		
Sensitivity	85.4%		

Specificity	%
PPV	%
NPV	%
Accuracy	%

McNemar test: significantly greater number lesions identified with SPIRO-MRI v MRI (p=0.008

**Citation**: Wiering B, Ruers TJM, Krabbe PFM, Dekker HM, Oyen WJG. Comparison of multiphase CT, FDG-PET and intra-operative ultrasound in patients with colorectal liver metastases selected for surgery. Ann.Surg.Oncol. 2007; 14:818-826

**Design**: prospective **Country**: The Netherlands

**Aim**: to evaluate the predictive value of CT and FDG PET of the liver and extra hepatic findings compared to findings at laparotomy and 6 months follow up.

#### Inclusion criteria

Consecutive patients between Jan 1999 and Nov 2004. Suitable for liver resection of hepatic metastases from colorectal cancer on CT imaging

#### **Exclusion criteria**

Presence of local recurrence on colonoscopy or colonography No previous liver surgery Poorly regulated diabetes

#### Population

131 consecutive patients thought suitable for liver resection of hepatic metastases on CT imaging

#### Interventions

CT dual phase helical with IV contrast – iodine PET

#### Outcomes

Diagnostic 2x2 tables for each modality for liver metastases, extra hepatic intra abdominal and other sites. Only liver-related results presented.

#### Results

#### Per patient analysis

	Liver mets +	Liver mets -	total
CT+	127	3	130
CT -	1	0	1
total	128	3	131

Sensitivity	99.2%	
Specificity	NA%	
PPV	97%	
NPV	NA%	
Accuracy	97%	

	Liver mets +	Liver mets -	total
PET+	126	0	126
PET-	2	3	5
total	128	3	131

Sensitivity	98.4%	
Specificity	100%	
PPV	100%	
NPV	60%	
Accuracy	98.5%	

#### Per lesion analysis

	Liver mets +		Liver mets -	total
CT+	257		3	260
CT -	106		0	106
total	363		3	366
Sensiti	vity	70.8%	]	
Specifi	city	NA%	]	

PPV	98.8%	
NPV	NA%	
Accuracy	70.2%	

	Liver mets +	Liver mets -	total
PET+	260	0	260
PET-	103	3	106
total	363	3	366

Sensitivity	71.6%	
Specificity	100%	
PPV	100%	
NPV	2.8%	
Accuracy	71.8%	

PET and CT both missed the majority of lesions that were smaller than 10mm. Many were only a few mm.

#### Detection rate of histologically proven liver metastases

Lesion size	IOUS	CT	PET	CT and/or PET
<10mm	63	10 (16%)	10 (16%)	12 (19%)
10-20mm	172	123 (72%)	129 (75%)	142 (83%)
>20mm	128	124 (97%)	121 (95%)	125 (98%)
All	363	257 (71%)	260 (72%)	279 (77%)

CT and PET may be discongruent and complementary for detection of metastases.

After 6 months follow up 42 new lesions developed in 15 patients. CT and PET had previously detected all the lesions though it had not been possible to identify them at laparotomy with palpation and IOUS.

#### **General comments**

CT and PET have similar diagnostic yield for the detection of liver metastases; both modalities are adequate on a patient basis but inadequate to detect the smallest of liver lesions. The significance of the latter is limited clinically.